

Les anti-arythmiques

DIU de rythmologie

Paris, 22 janvier 2008

J-M DAVY - Montpellier

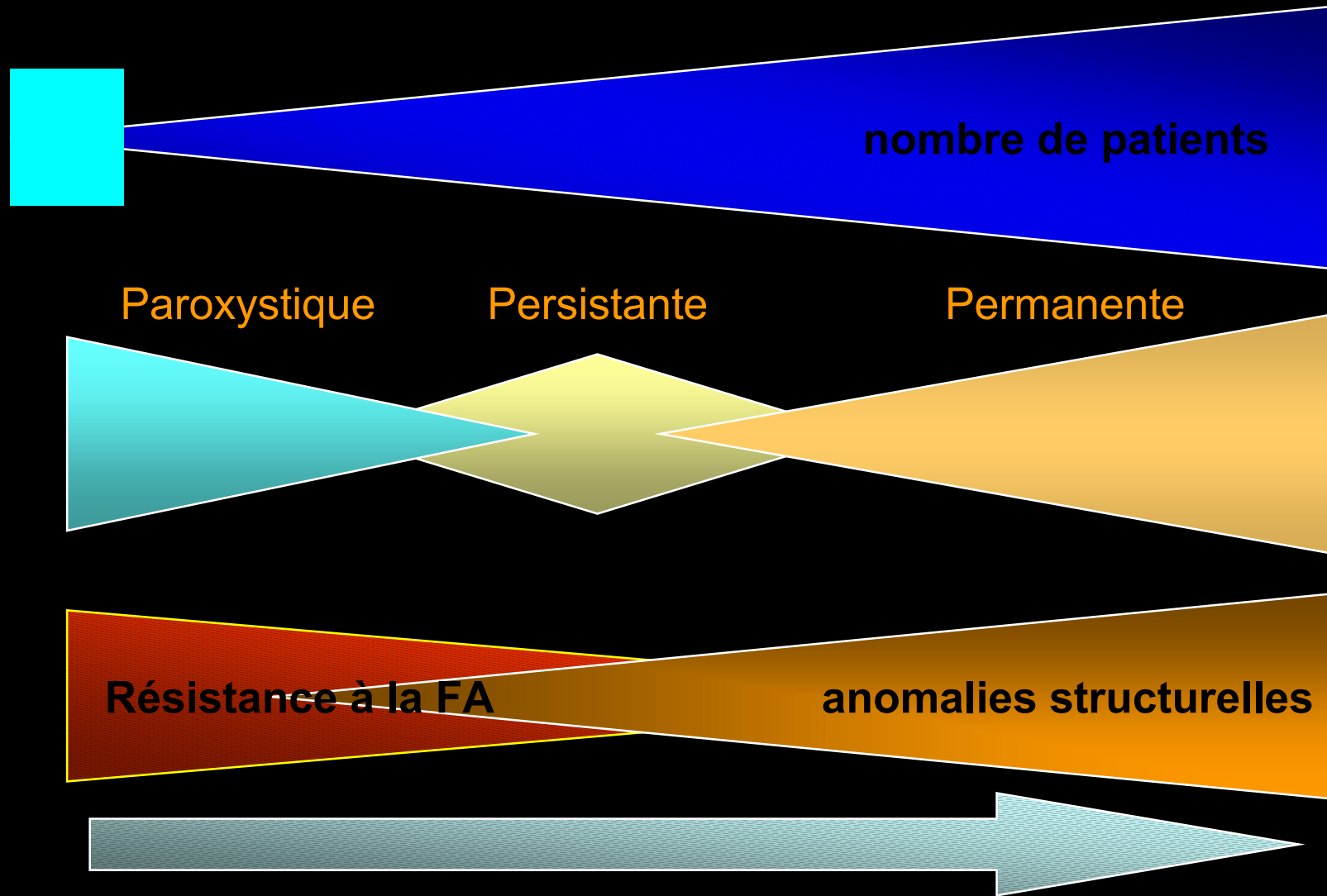
AA : le défi, les promesses, et les
doutes

Table 26.1 Mechanisms of Arrhythmias

Level of integration	Key molecular components	Arrhythmogenic mechanism	Prototypical arrhythmias
Myocyte level			
Impulse initiation	Pacemaker current (I_f or I_{st})	Suppression or acceleration of the physiological pacemaker	Sinus tachycardia or sinus bradycardia
	T-type calcium channels	Abnormal automaticity	Ectopic atrial tachycardia
Excitation	Unclear	Triggered diastolic activity (DADs)	Ventricular tachycardia of digitalis toxicity; possibly some reperfusion arrhythmias
	Na–Ca exchange		
	Ca-activated chloride channel		
Excitation	Ca-activated nonspecific cation channel		
	Na channels	Conduction slowing or block in atria or ventricles	Ischemic arrhythmias with slow conduction resulting from interstitial K accumulation
Repolarization	ATP-sensitive K channels		
	L-type Ca channels	Conduction slowing or block in AV node	Iatrogenic AV block caused by calcium channel blocker
Repolarization	Voltage-dependent K channels	Action potential prolongation (EADs)	Torsade de pointes
	Sodium channels		Polymorphic VT
	L-type calcium channels		
	Na–Ca exchange		
Multicellular level			
Cell-cell coupling	Connexins	Conduction delay or block caused by cellular uncoupling	Acute ischemic arrhythmias
Network properties	Collagen and other extracellular matrix proteins	Reentry	Inherited: Wolff–Parkinson–White syndrome
		Impedance mismatch	Acquired: monomorphic VT around an infarct
		Discontinuous conduction	

exemple de la FA
exemple de la TV-FV

l'histoire naturelle de la FA



l'attitude classique

- maintenir le rythme sinusal aussi longtemps que possible dans la FA paroxystique
- réduire la FA persistante en répétant les cardioversions (3-5)
- accepter et ralentir la FA permanente quand les récurrences sont trop fréquentes

les avancées des années 80

- Développement des nouveaux médicaments antiarrhythmiques : class IA / IC / III / amiodarone
- utilisation d'autres bloqueurs du noeud AV : betaB / calciumB / amio ?
- données épidémiologiques : risque embolique / insuffisance cardiaque / mortalité
- concepts physiopathologiques : cardiomyopathie tachycardie-induite

doutes thérapeutiques des années 90

- mauvaise utilisation des AVK : non la FA idiopathique mais les patients âgés !
- Risques des AA : mortalité et IC
Coplen , Flaker
- Bénéfice affirmé du contrôle de la fréquence V :
comportant parfois l'ablation du noeud et le PMK !

REDUIRE OU RALENTIR ?

1. les AA actuels

2. les AA du futur

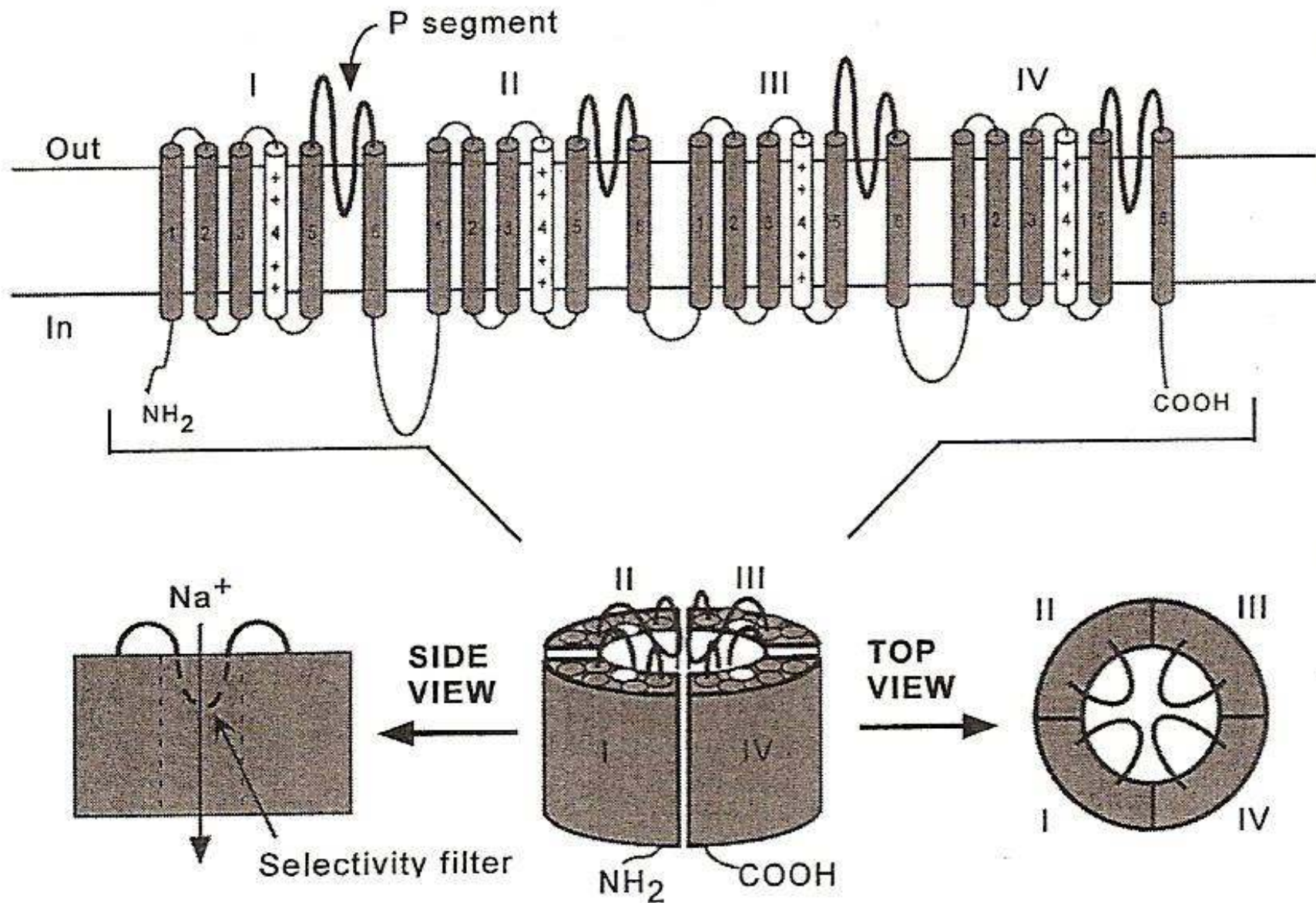
1. les AA actuels

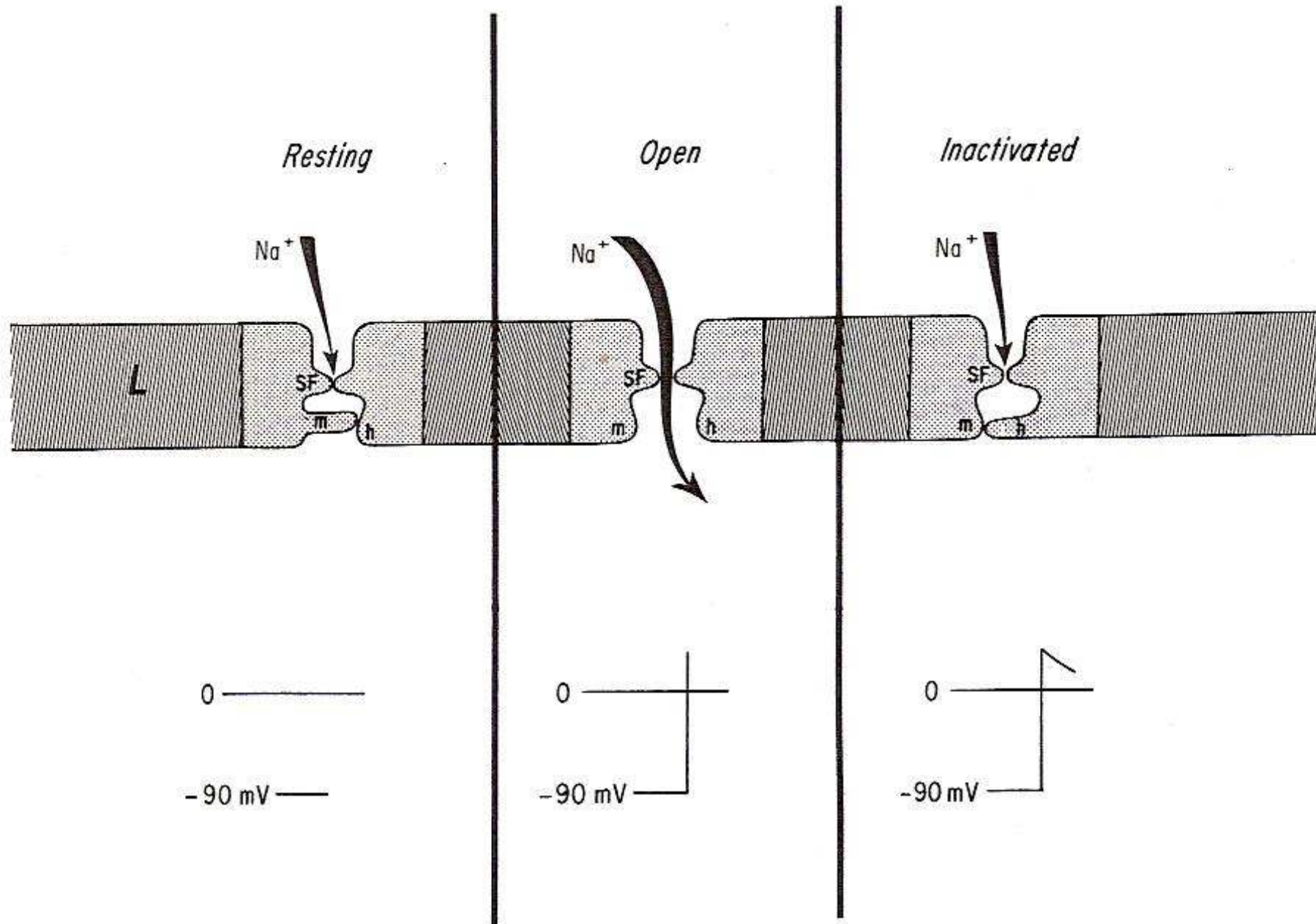
1. Un « poison » du canal ionique
2. AA et fréquence cardiaque
3. Classification des AA
4. Pharmacocinétique des AA

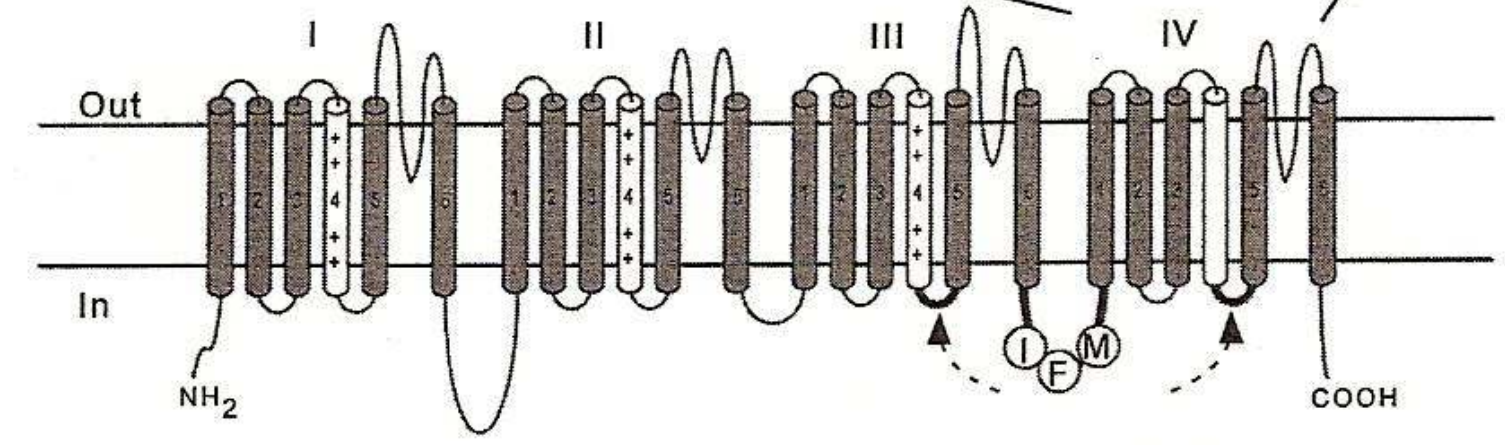
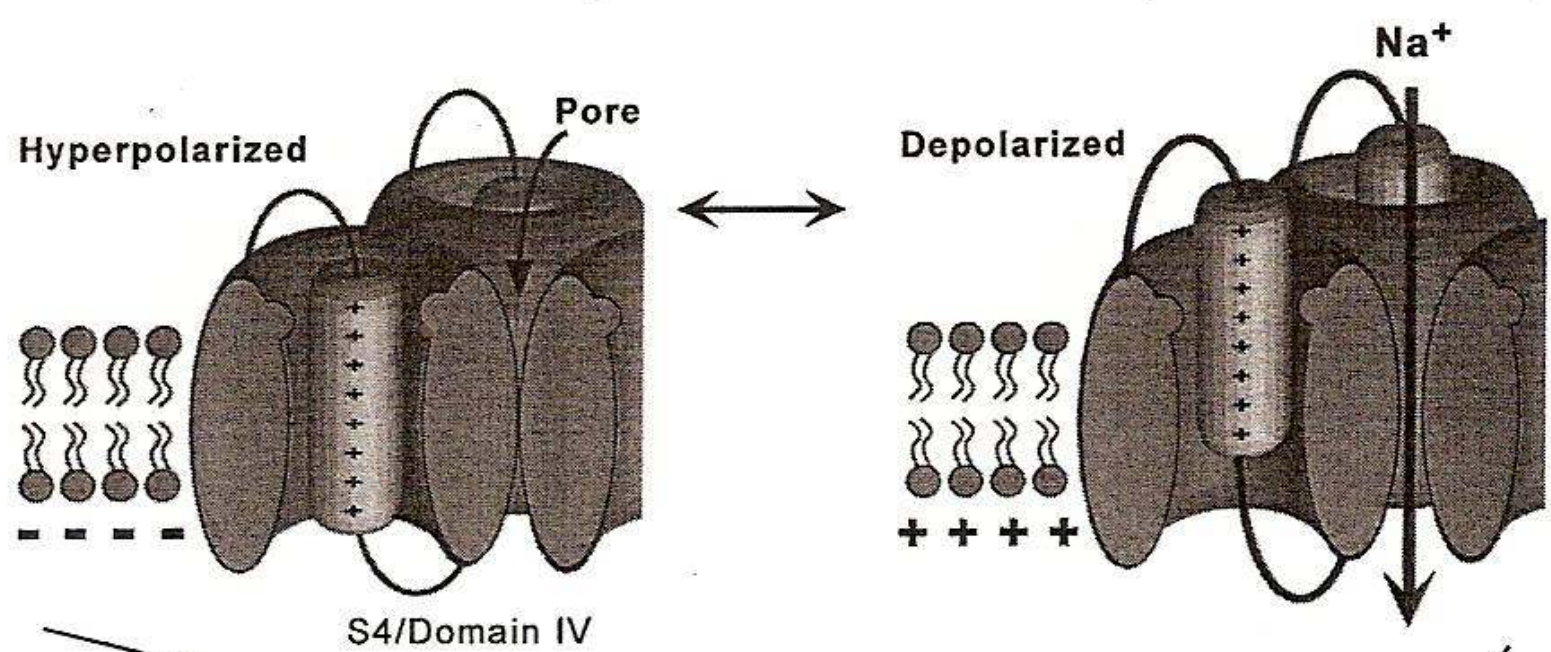
1 - Antiarythmiques et canal ionique

**TABLE 8-1. VAUGHAN WILLIAMS
ANTIARRHYTHMIC DRUG CLASSIFICATION**

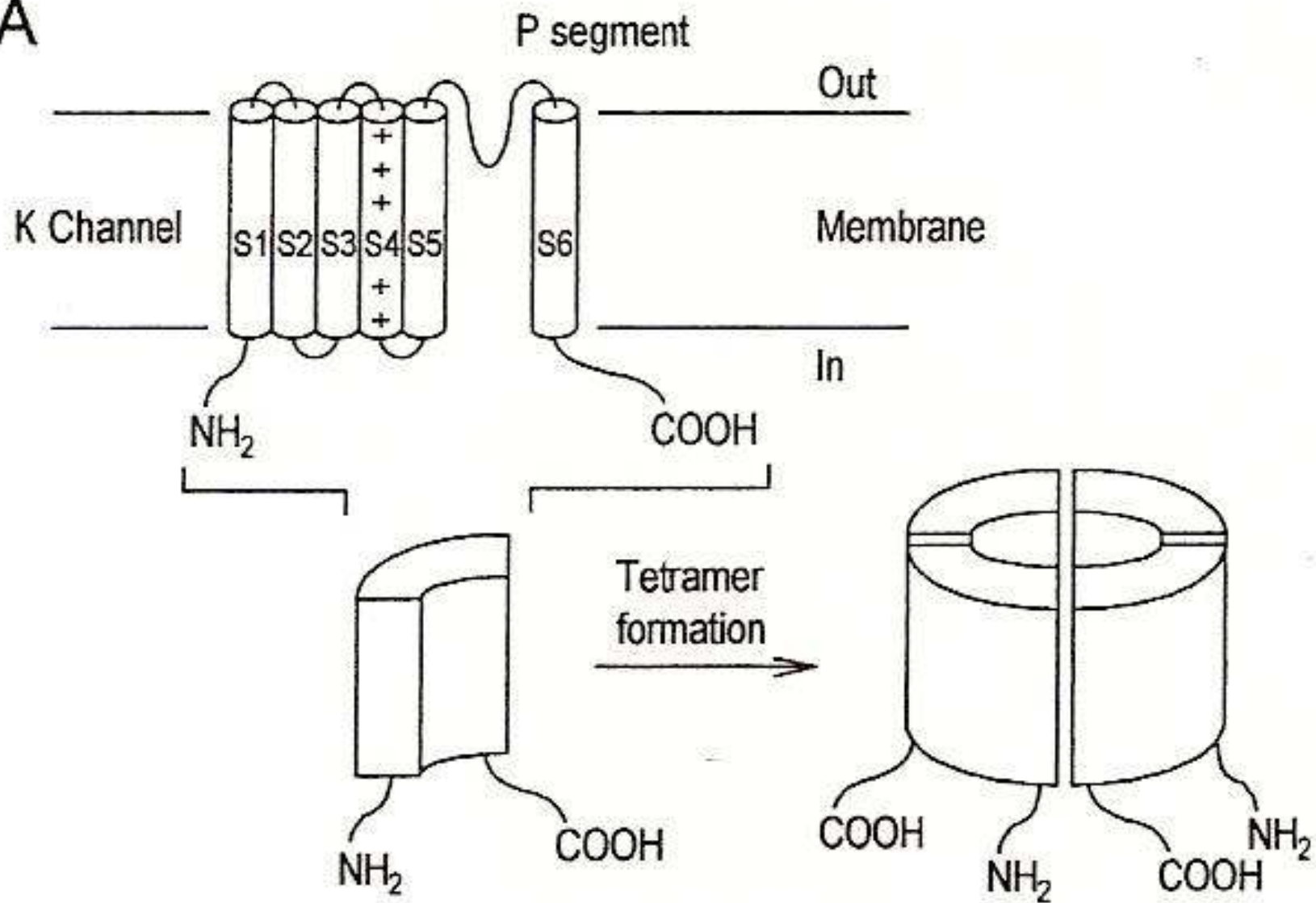
Class	Action	Drug
I	Sodium channel blockers	
Ia	Moderate phase 0 depression Moderate conduction slowing Prolongs repolarization	Quinidine Procainamide Disopyramide
Ib	Minimal phase 0 depression Shortens repolarization	Lidocaine Tocainide Mexiletine
Ic	Marked phase 0 depression Marked conduction slowing Slight effect on repolarization	Flecainide Propafenone Morcizine
II	β blockers	Propranolol Acebutolol Esmolol
III	Prolongs repolarization	Bretylum Amiodarone Sotalol Ibutilide Dofetilide
IV	Calcium channel blockers	Verapamil Diltiazem
	Purine agonist	Adenosine
	Digitalis glycosides	Digoxin Digitoxin

A**Na channel α subunit**





A



D

I

II

III

Table 23-1. Effect of Antiarrhythmic Drugs on Major Ionic Currents in Cardiac Purkinje and Ventricular Muscle Fibers

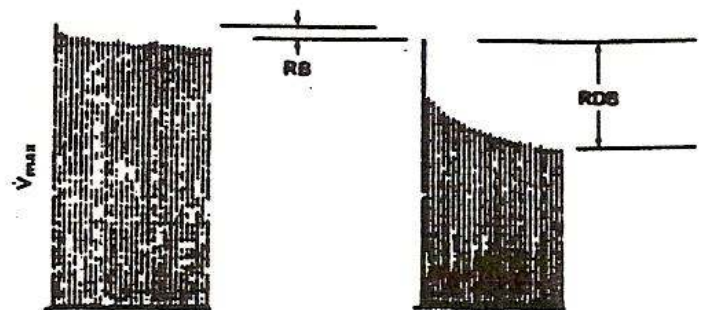
Drugs	i_{Na}	L-type i_{Ca}	i_{kl}	i_k	i_{to}	i_f
Class I						
A						
Quinidine	↓	↓	—↓	↓	↓	↓
Procainamide	↓	↓	—	↓	↓	—↓
Disopyramide	↓	↓	—↓	↓	↓	↓
B						
Lidocaine	↓	—↓	—↓	—↓	—	↓
Mexiletine	↓	↓	—	—	—	↓
Diphenylhydantoin	↓	—	—	—	—	—
C						
Flecainide	↓	↓	↓	↓	—	—
Encainide	↓	↓	—	—	—	—
Moricizine	↓	↓	—	—	—	—
Lorcainamide	↓	↓	—	—	—	—
Propafenone	↓	↓	—	—	—	—
Class II						
Propranolol	↓	—	—	—	—	—
Metoprolol	—	↓	↓	—	—	—
Class III						
Amiodarone	↓	↓	↓	↓	—	—
Sotalol	—	—	↓	↓	↓	—
Bretylum	—	—	—	↓	↓	—
Clofilium	—	—	—	↓	↓	—
Class IV						
Verapamil	↓	↓	—	—	—	—
Diltiazem	—	↓	—	—	—	—

2 - AA et fréquence cardiaque

Use dépendance positive des AA de
classe I

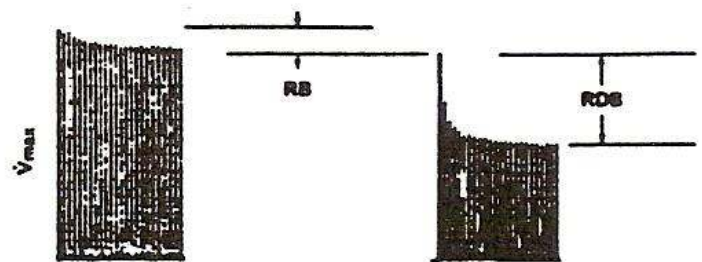
Use dépendance inverse des AA de
classe III purs

AA de classe I



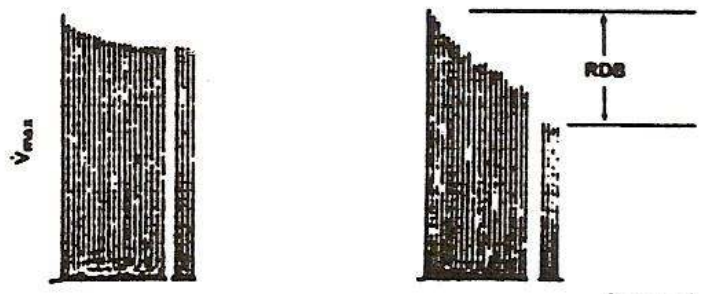
Control

Mexiletine 20µM



Control

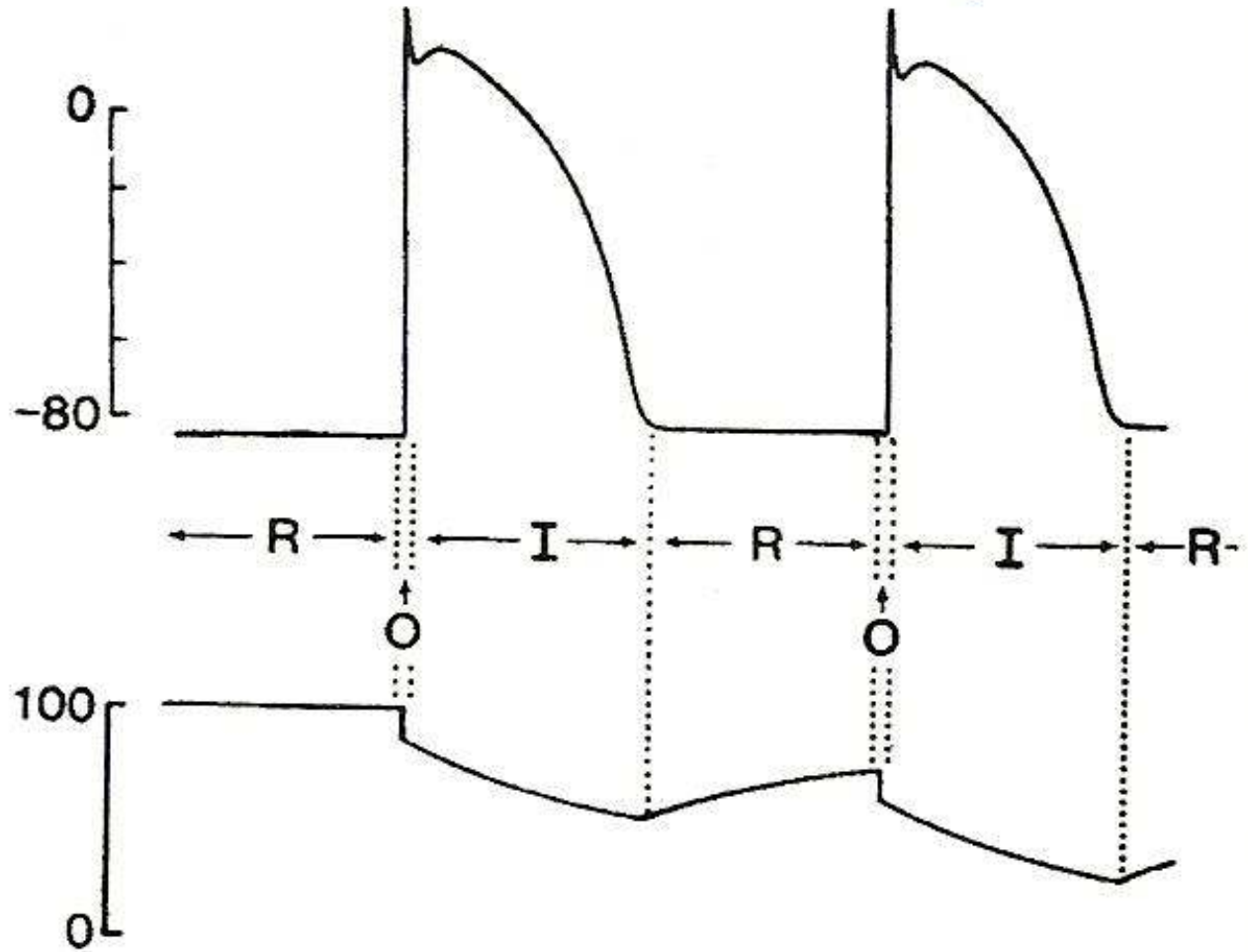
Disopyramide 10µM

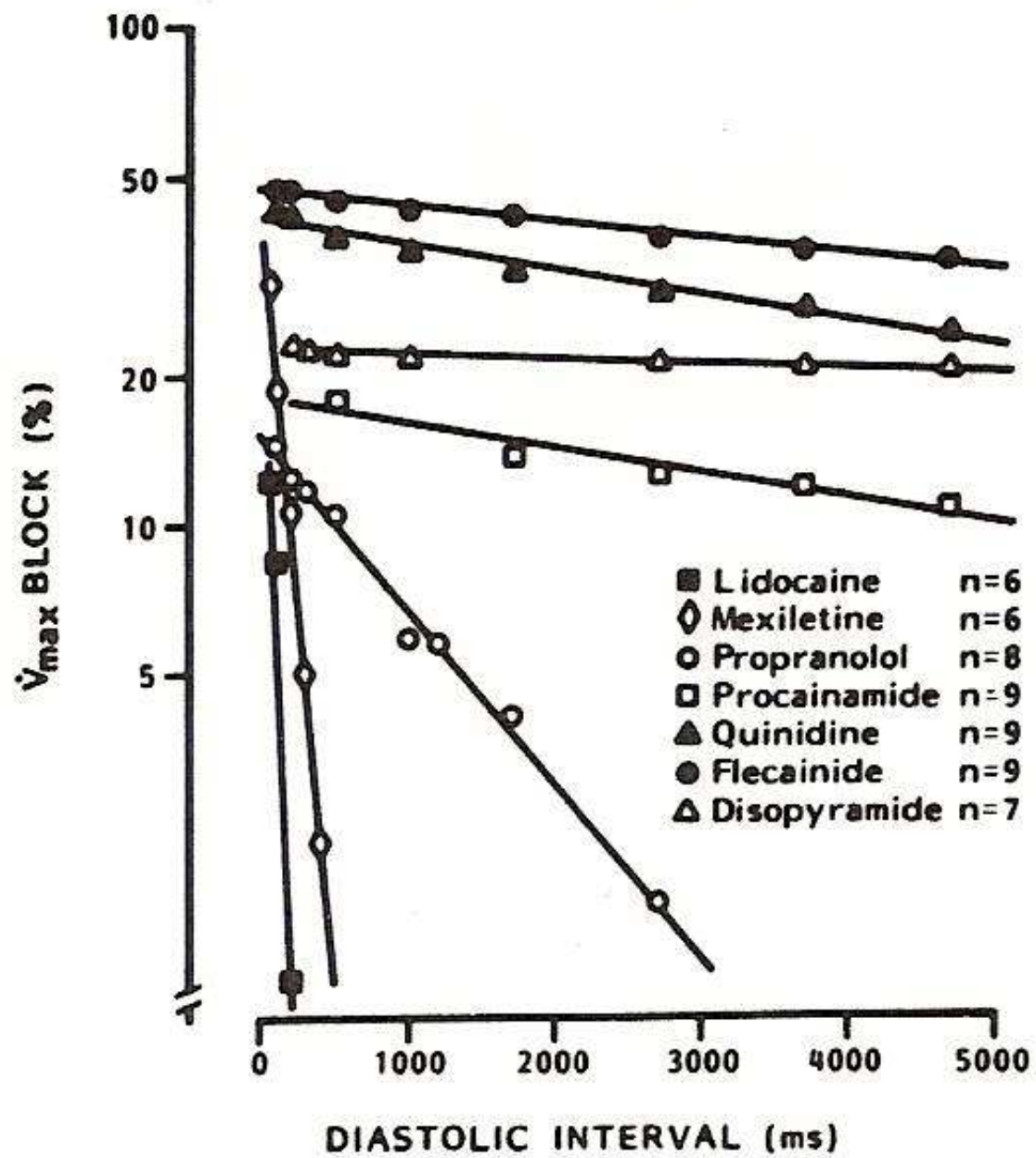


Control

Encainide 3µM

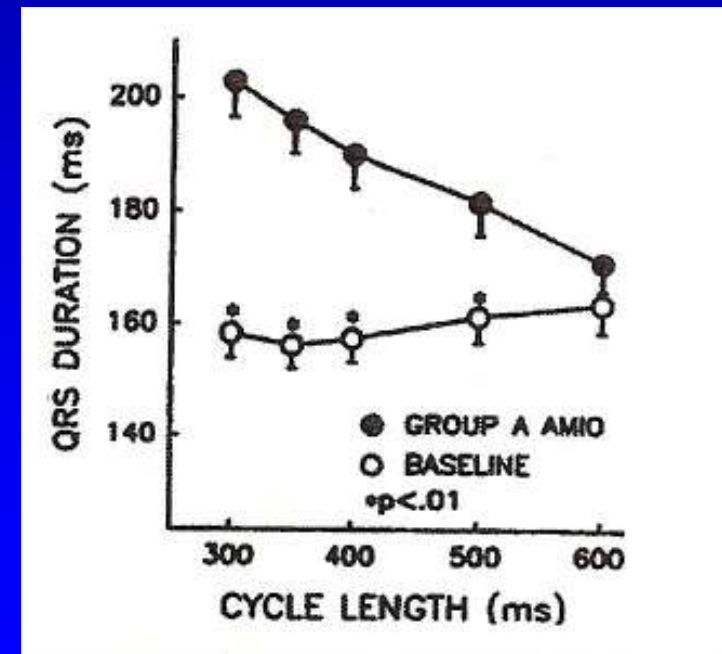
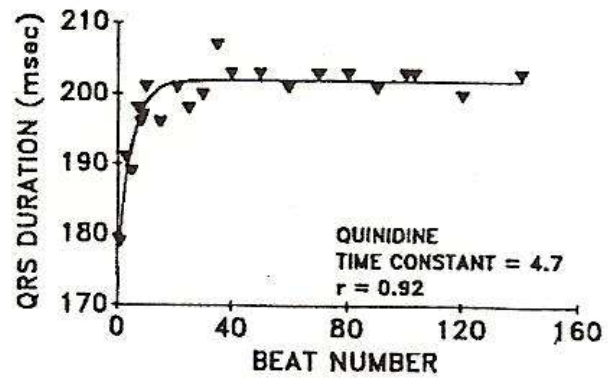
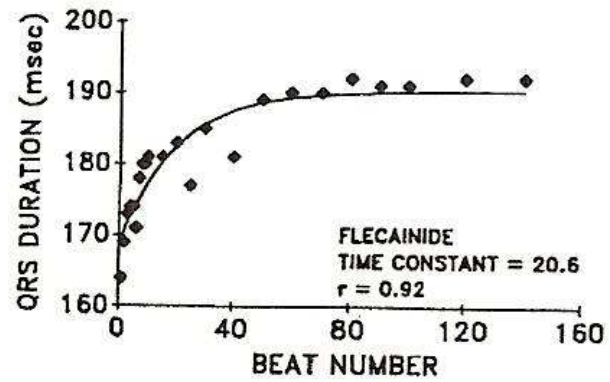
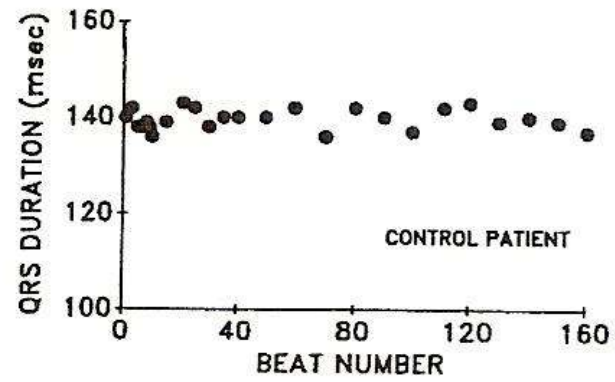
V_m
(mV)



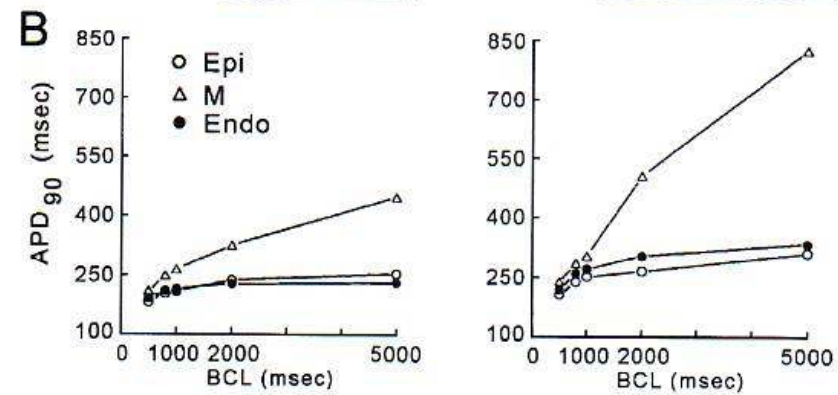
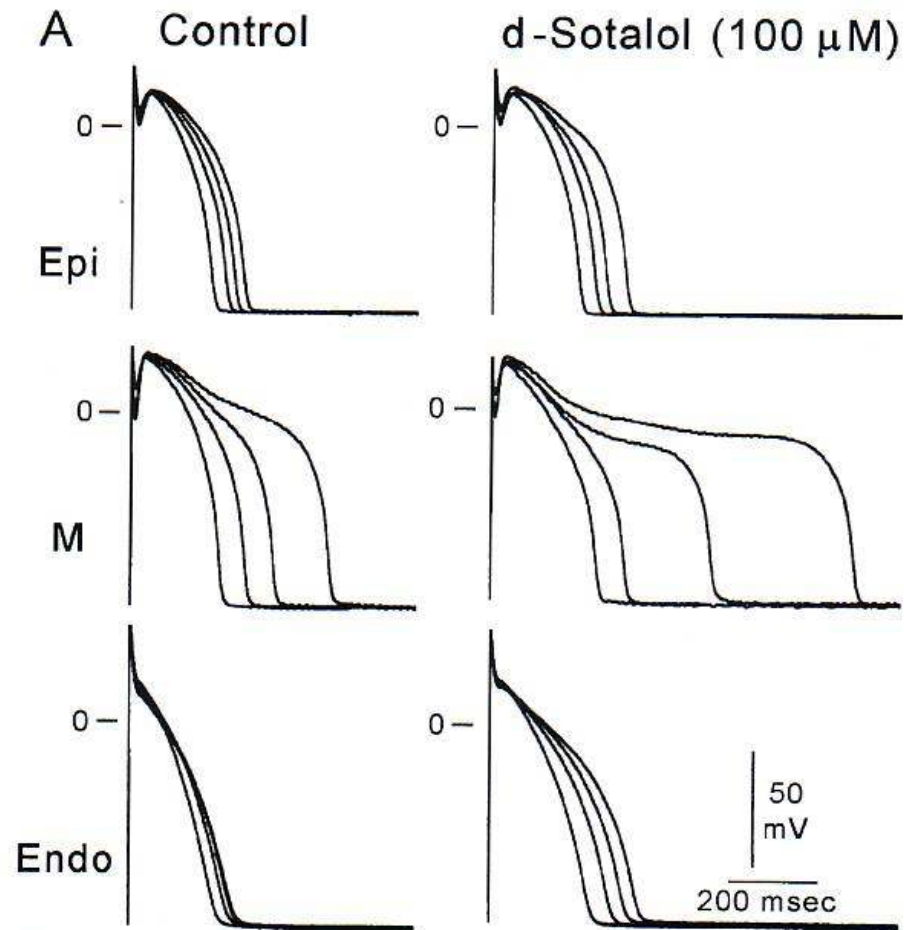


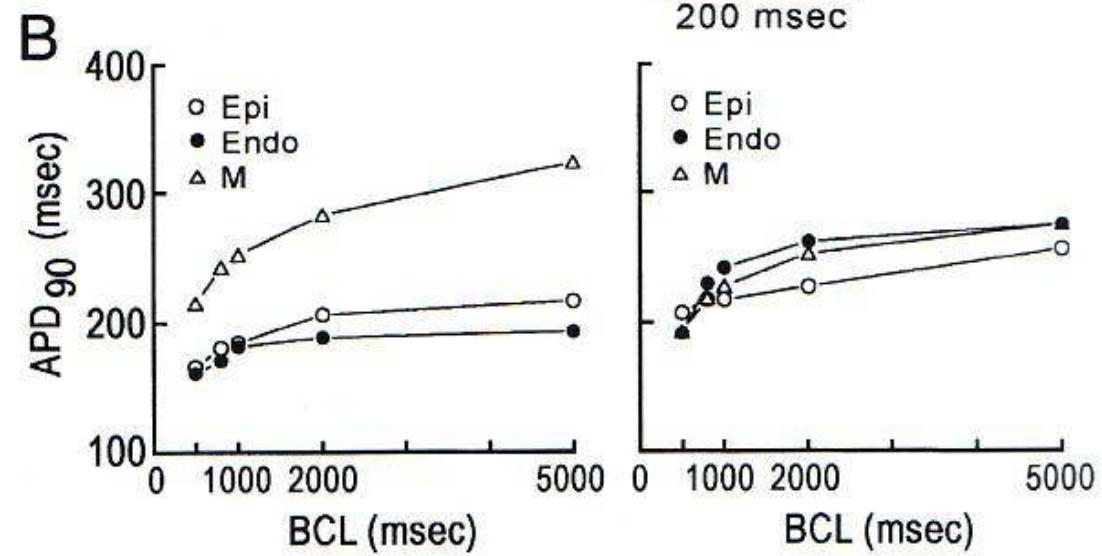
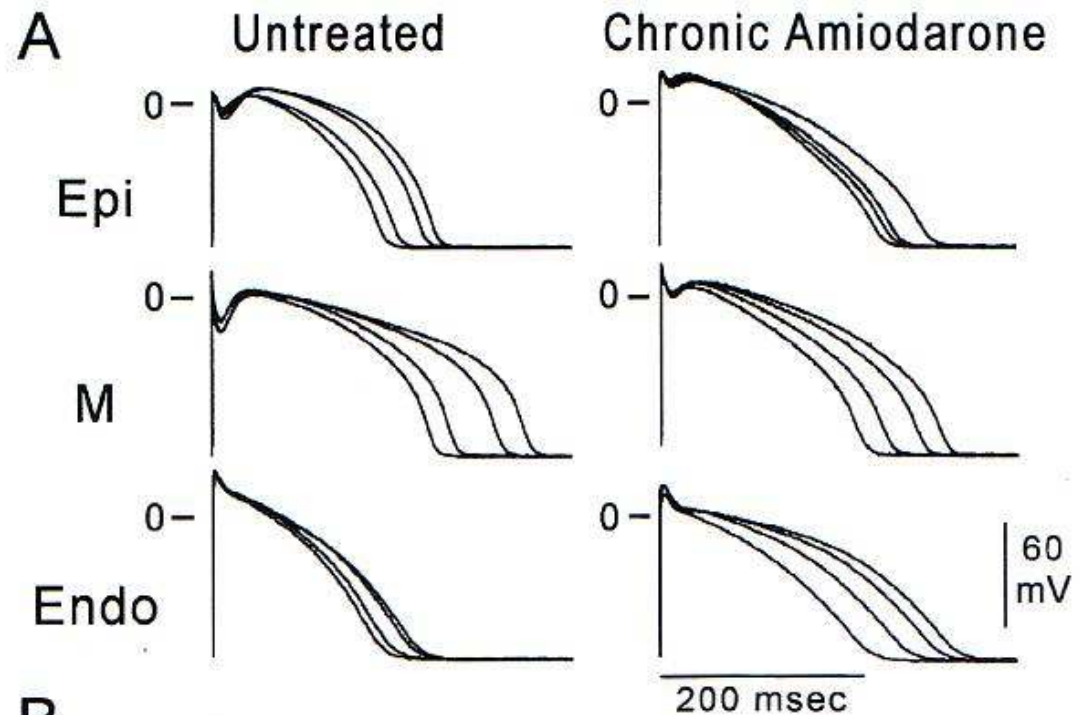
REPRESENTATIVE TIME CONSTANTS OF RECOVERY FROM SODIUM CHANNEL BLOCKADE IN PURKINJE FIBERS (SECONDS)

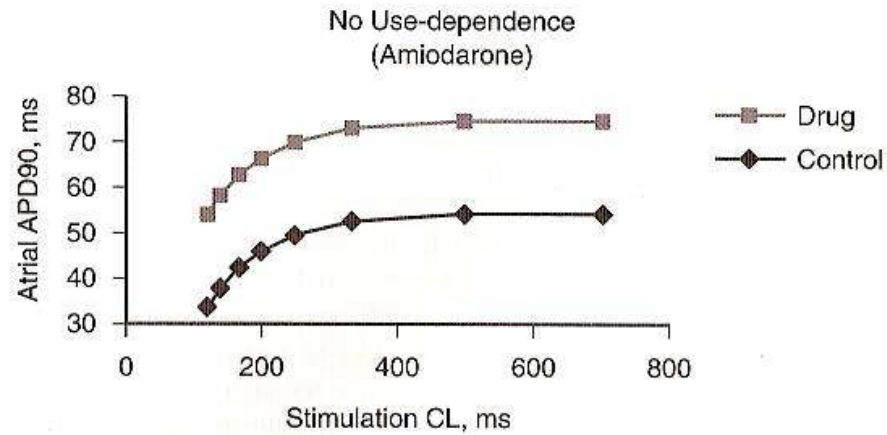
Lidocaine ⁸⁵	0.18
Mexiletine ⁸⁶	0.23
Tocainide ⁸⁷	0.55
Phenytoin ⁸⁸	0.71
Procainamide ⁸⁹	2.6
Quinidine ⁹⁰	4.0
Disopyramide ⁹¹	15.7
Propafenone	5.4
(5-OH-propf) ⁹²	19.3
Moricizine ⁷²	17.0
Flecainide ⁷²	21.0



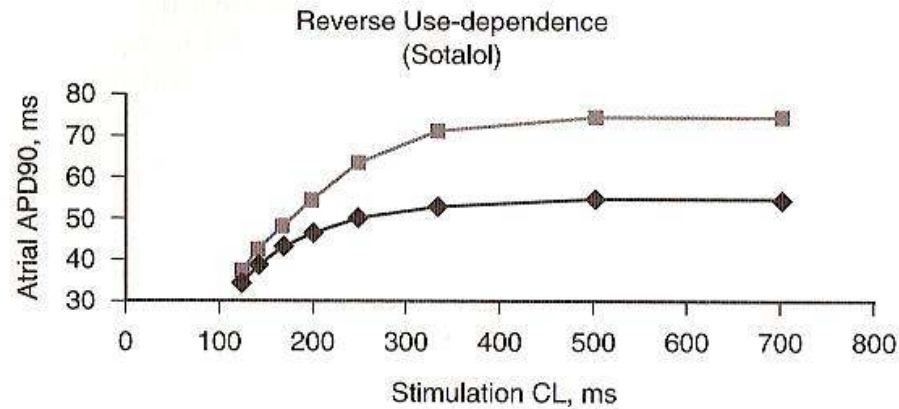
AA de classe III



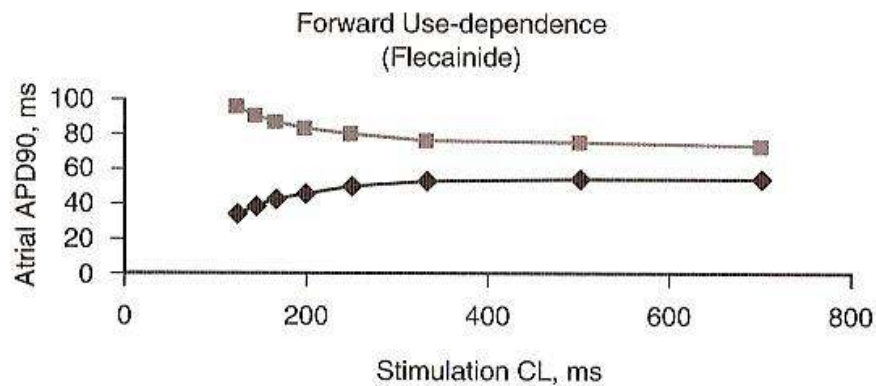




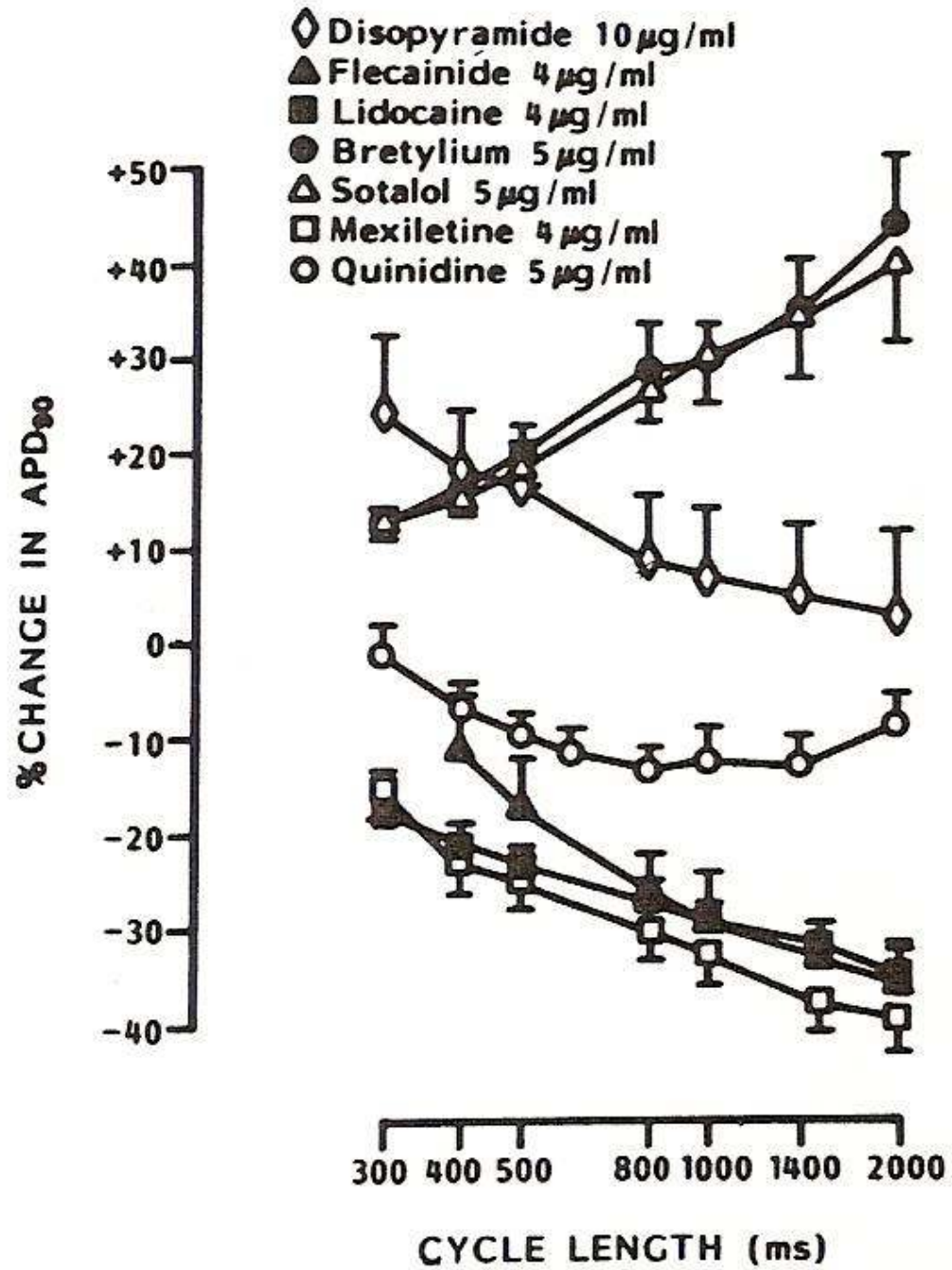
Amiodarone or
dronedarone
(complex
ion-channel
effects)



Sotalol,
dofetilide,
ibutilide,
and other
 I_{Kr} blockers



Flecainide or
propafenone
effects in atrial
muscle only
block I_{to} , I_{kur} ,
and I_{Kr}



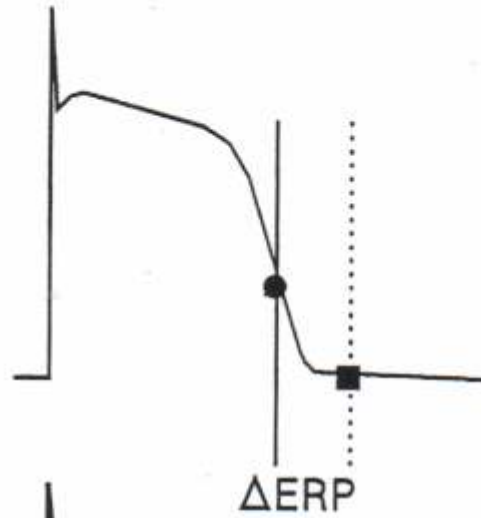
Classification de HONDEGHEM (1991)

- classe III = prolongation PA/QT
- III B = bradycardie dépendant -
"use dependance" inverse
peu AA et beaucoup pro A
ex : classe III pur
- III A = accélération dépendant -
"use dependance" positive
très AA = défibrillateur chimique
ex : ?
- III AB = cycle indépendant -
peu de use dependance
AA et peu pro A
ex : amiodarone

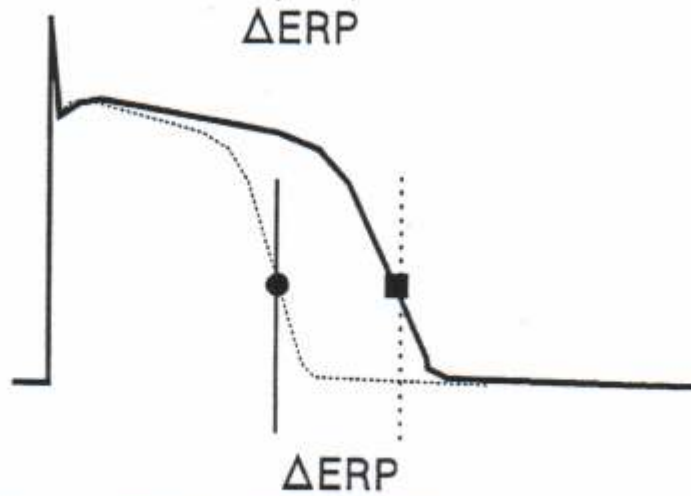
Classe Ic et réfractorité

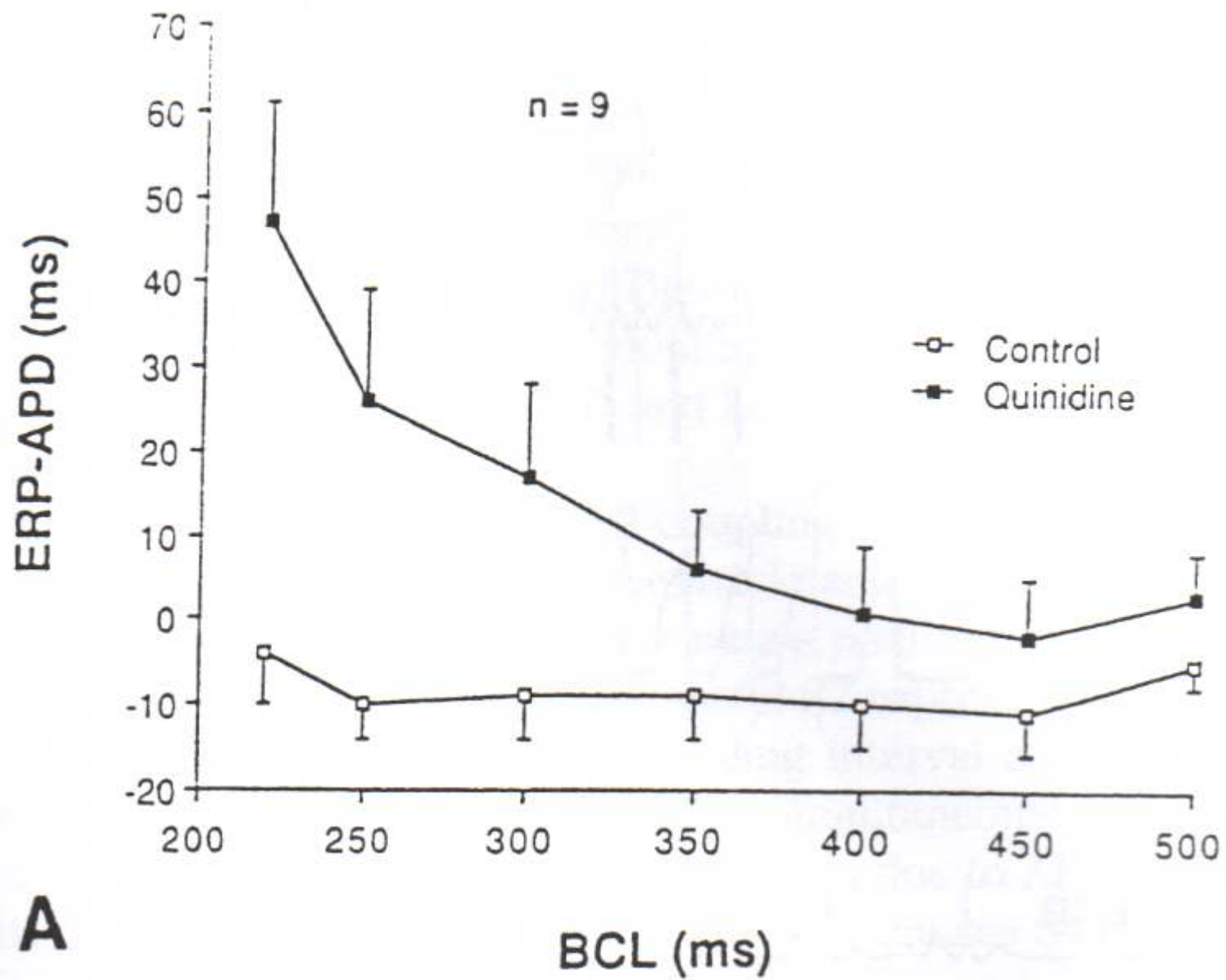
Notion de période réfractaire post-dépolarisation

1. Sodium channel block

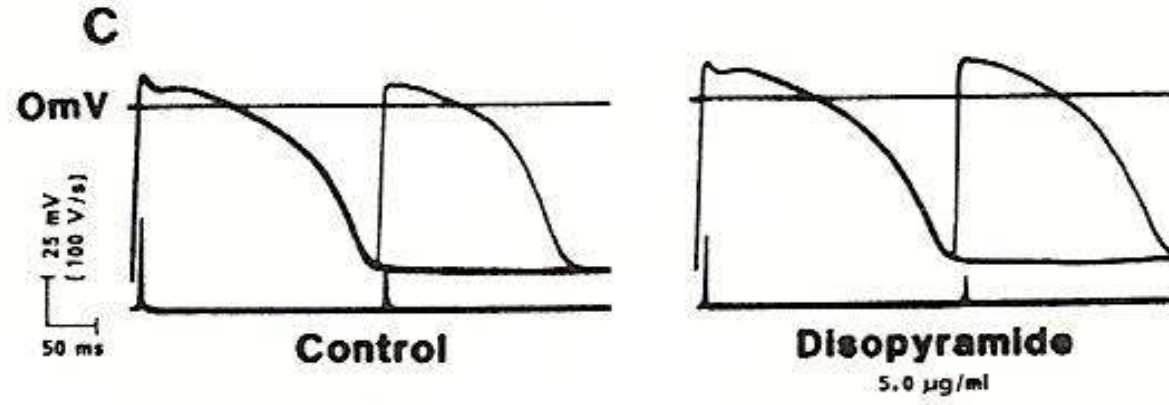
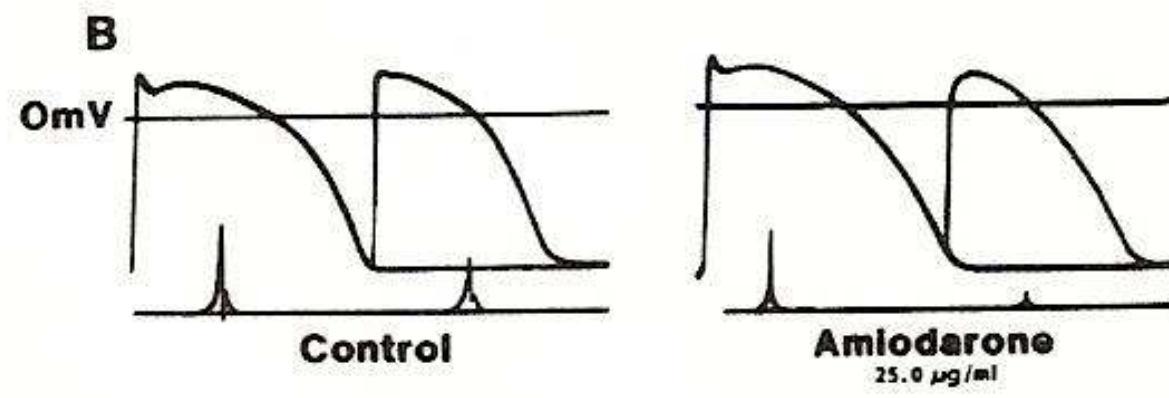
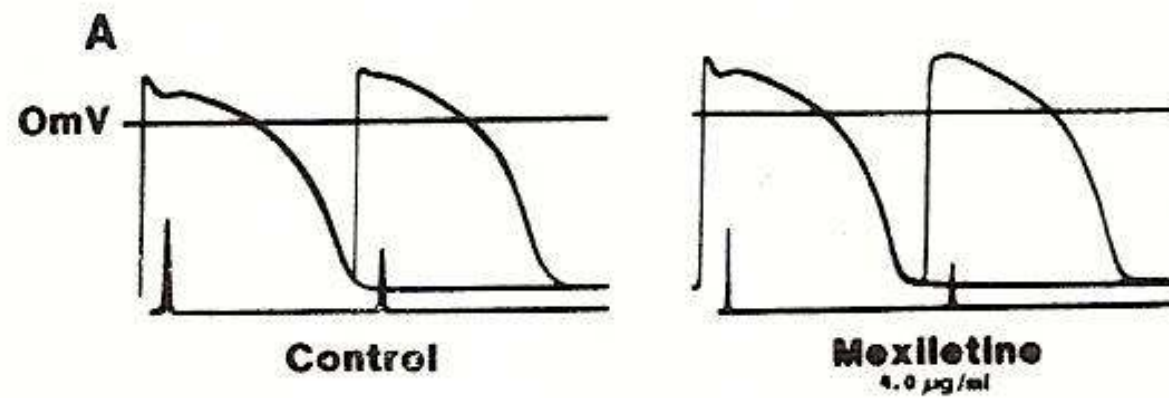


2. $\uparrow APD$

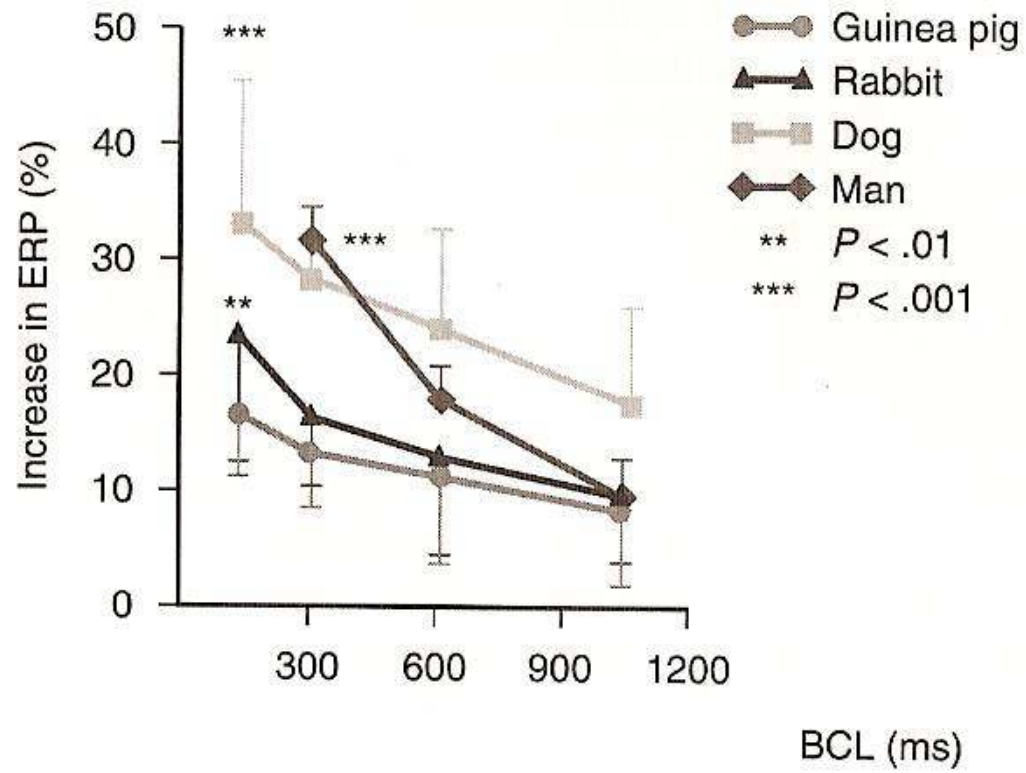




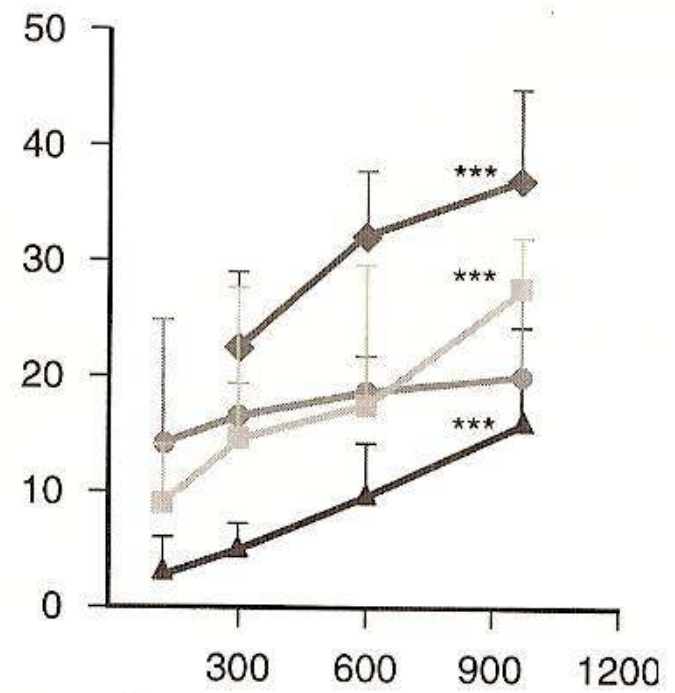
A



Flecainide



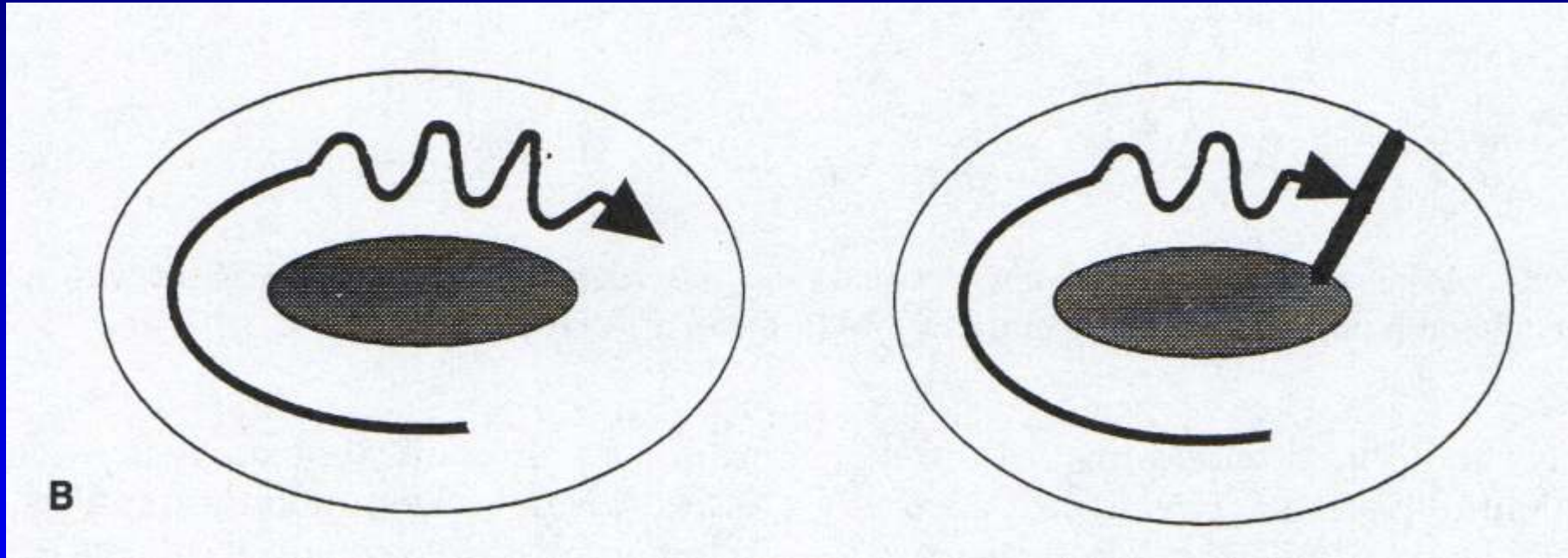
Quinidine



FA et antiarythmiques

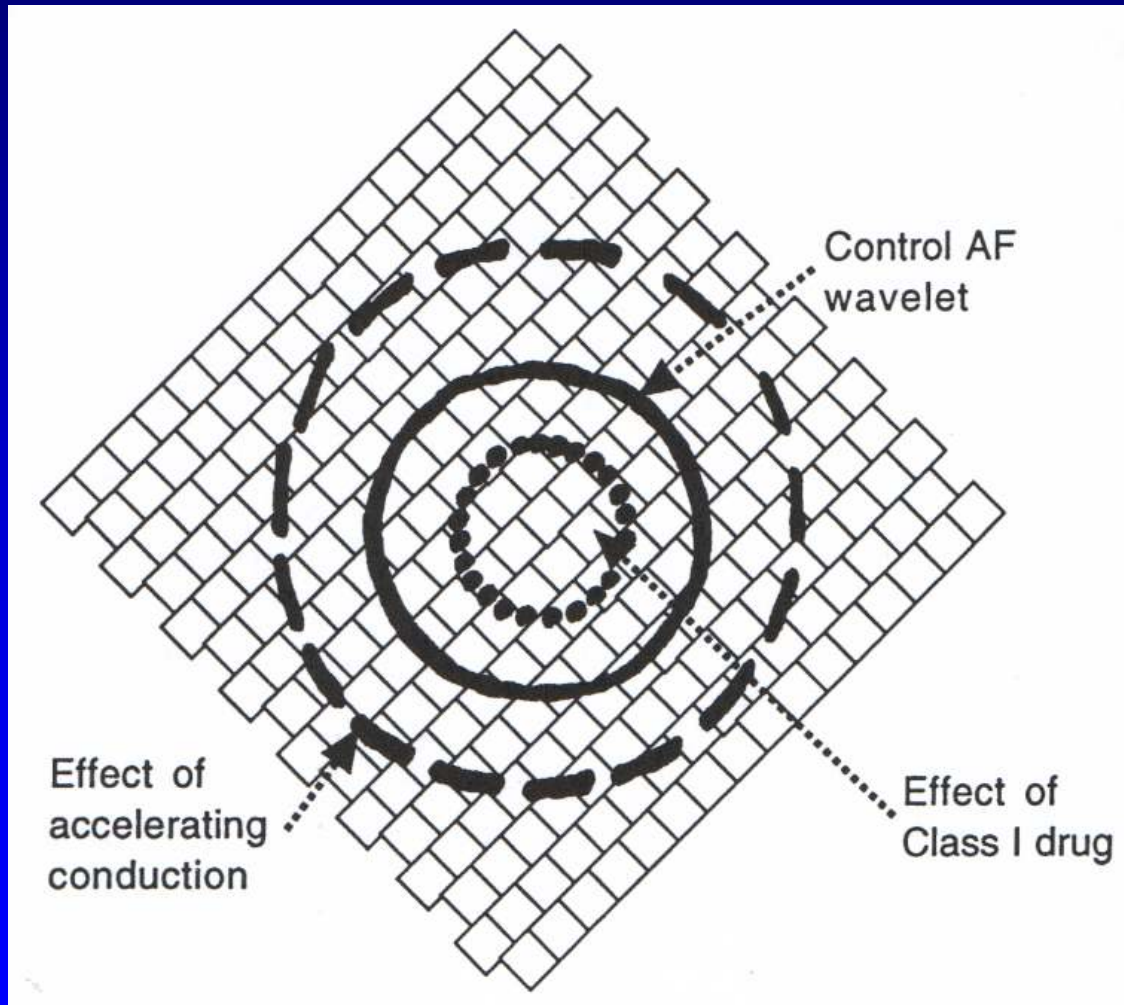
- les AA de classe Ic allongent les PR en FA (PR post dépolarisation) , et malgré un ralentissement de la conduction allongent la LO
les AA de classe III perdent leurs propriétés d'allonger les PR et la LO aux cycles rapides en raison de leur use-dépendance inverse

Réentrée anatomique et conduction



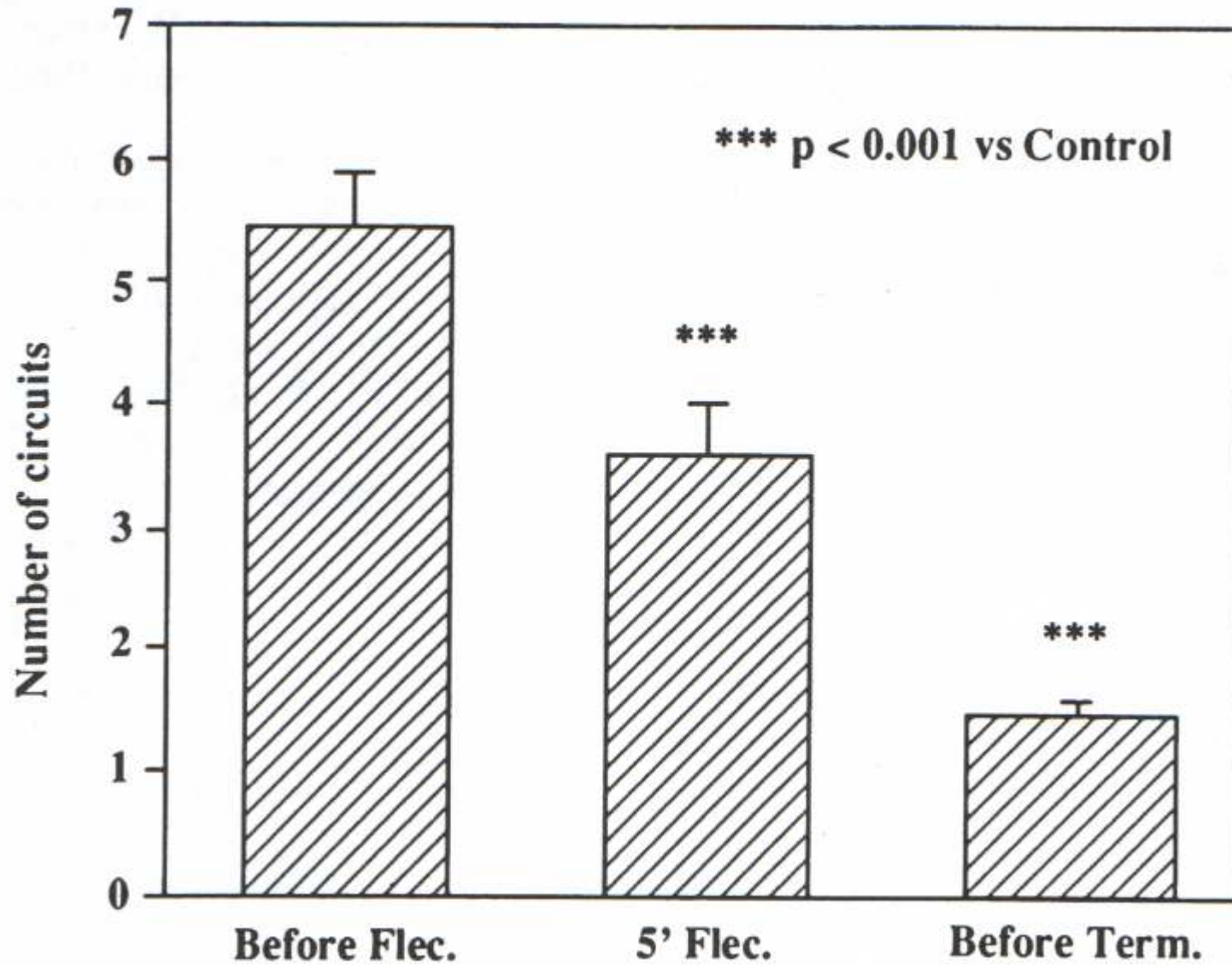
ARRET par diminution de la conduction - FRANZ , 1994

Réentrée fonctionnelle et conduction

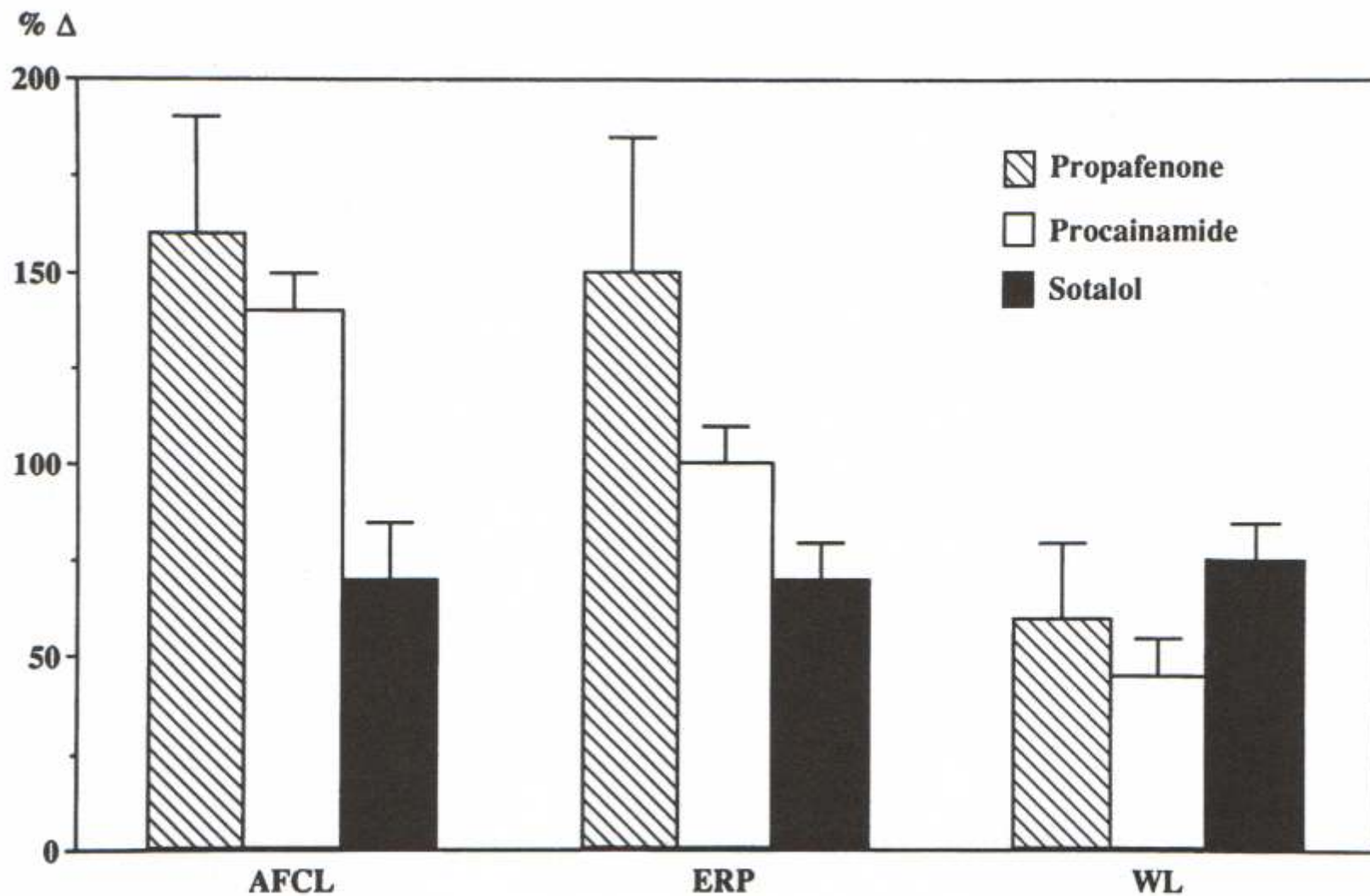


CAMPBELL
RWF - 1994

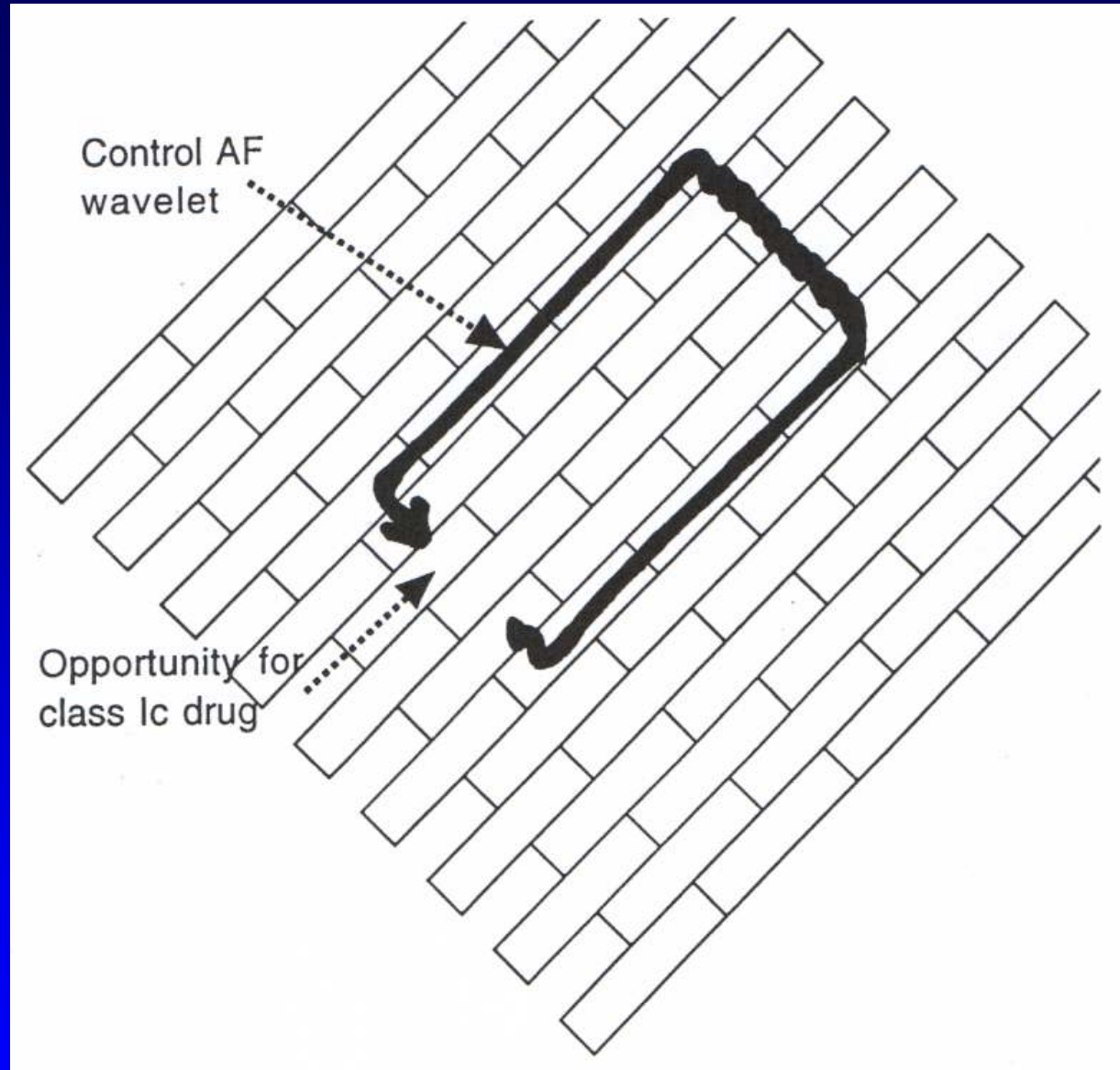
Classe IC et
diminution
de la
conduction



WANG et NATTEL, Circ Res 1992



WANG et NATTEL, Circ 1993



CAMPBELL
RWF - 1994

Classe IC et conduction anisotropique -

3 - Classification des AA

Quelle classification ?

- Classification de Vaughan Williams – 1970 :
 - électrophysiologie cellulaire
- Classification de Touboul – 1975 :
 - électrophysiologie clinique
- Classification de Harrison – 1985 :
 - électrophysiologie cellulaire (classe I A, B, et C)
- Classification de Taormina « Sicilian Gambit » - 1991 :
 - des canaux ioniques au système nerveux autonome
- Classification de Hondeghem - 1991:
 - Physiopathologie des arythmies (classe III)

**TABLE 8-1. VAUGHAN WILLIAMS
ANTIARRHYTHMIC DRUG CLASSIFICATION**

Class	Action	Drug
I	Sodium channel blockers	
Ia	Moderate phase 0 depression Moderate conduction slowing Prolongs repolarization	Quinidine Procainamide Disopyramide
Ib	Minimal phase 0 depression Shortens repolarization	Lidocaine Tocainide Mexiletine
Ic	Marked phase 0 depression Marked conduction slowing Slight effect on repolarization	Flecainide Propafenone Morcizine
II	β blockers	Propranolol Acebutolol Esmolol
III	Prolongs repolarization	Bretylum Amiodarone Sotalol Ibutilide Dofetilide
IV	Calcium channel blockers	Verapamil Diltiazem
	Purine agonist	Adenosine
	Digitalis glycosides	Digoxin Digitoxin

Hoffman and Bigger (1971)
Group I: $\downarrow V_{max}$, \uparrow APD (Q, Pa)
Group II: $0(\downarrow) V_{max}$, \downarrow APD (L, DPH)

Singh and Vaughan Williams (1970)
Class I: $\downarrow V_{max}$
Class II: Antisymphathetic
Class III: \uparrow APD
Class IV: Ca^{2+} ch. blockers (1972)

Harrison (1981)
Class IC: $\downarrow\downarrow V_{max}$

Singh and Hauswirth (1974)
Class I: $\downarrow V_{max}$
IA: $\downarrow V_{max}$, \uparrow APD (Q, Pa)
IB: $\downarrow V_{max}$, \downarrow APD (L, DPH)
Class II: β -blockers
Class III: \uparrow APD
Class IV: Ca^{2+} ch. blockers (1972)

Hauswirth and Singh (1979)
Critically discussed (i)APD and ERP & (ii)AA action relative to ion channel interrelationships for all IV classes of AA drugs


Current Classification
Class IA: $\downarrow V_{max}$ (intermediate time constant), \uparrow APD
IB: $\downarrow V_{max}$ (short time constant), \downarrow APD
IC: $\downarrow V_{max}$ (long time constant), little Δ APD, except in atria
Class II: β -blockers
Class III: \uparrow APD
Class IV: Ca^{2+} ch. blockers (1972)

Les AA usuels en pratique

classe I : bloqueurs Na

- Classe I A : QRS ↗ QT ↗
 - SERECOR : hydroquinidine
 - RYTHMODAN : disopyramide
- Classe I B : QRS → QT →
 - MEXITIL : méxilétine
- Classe I C : QRS ↗ QT →
 - FLECAINE : flécaïnidine
 - RYTHMOL : propafénone
 - CIPRALAN : cibenzoline

Les AA usuels en pratique - 2

- Classe II : Béta-bloquants
 - Tous sauf sotalol
- Classe III : PA et QT 
 - SOTALEX : DL sotalol
 - CORDARONE : amiodarone
- Classe IV : anticalciques
 - ISOPTINE : vérapamil
 - TILDIEM : diltiazem

Les AA usuels en pratique - iv

- Classe I C :
 - FLECAINE : flécaïnidine
 - CIPRALAN : cibenzoline
- Classe III :
 - CORVERT : ibutilide
- et les autres ...
 - CORDARONE : amiodarone
 - ISOPTINE : vérapamil
 - TILDIEM : diltiazem
 - AVLOCARDYL ,

Classification et efficacité

- La classification ne nous aide pas pour prédire la plus grande efficacité :
 - Exemple de l'amiodarone
- La classification nous aide par contre pour prédire l'absence d'efficacité :
 - Exemple du vérapamil
- La classification nous aide par contre pour prédire la (rare) place des associations = 2 AA de classe différente :
 - Exemple de CORDARONE + FLECAINE

L'efficacité au long cours : le succès de l'amiodarone

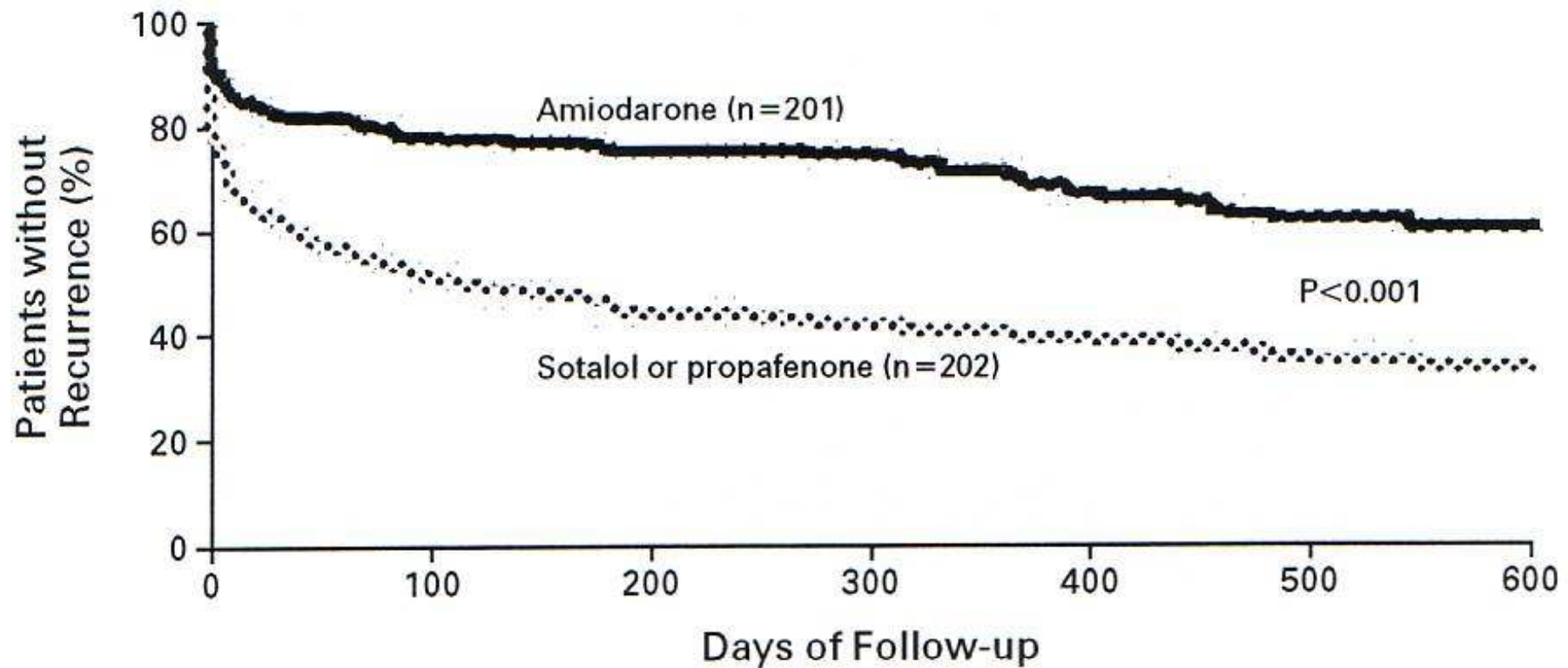
Étude CTAF – D. Roy, 2000

- 403 patients avec 1 accès de FA de plus de 10 min ces 6 derniers mois
- Ni infarctus récent ni insuffisance cardiaque NYHA III-IV

STUDY DRUG	DAY 21	3 MONTHS	6 MONTHS	12 MONTHS
	milligrams per day			
Amiodarone	327±134	205±44	196±39	186±48
Propafenone	547±139	527±111	520±122	471±121
Sotalol	230±80	231±81	219±85	224±83

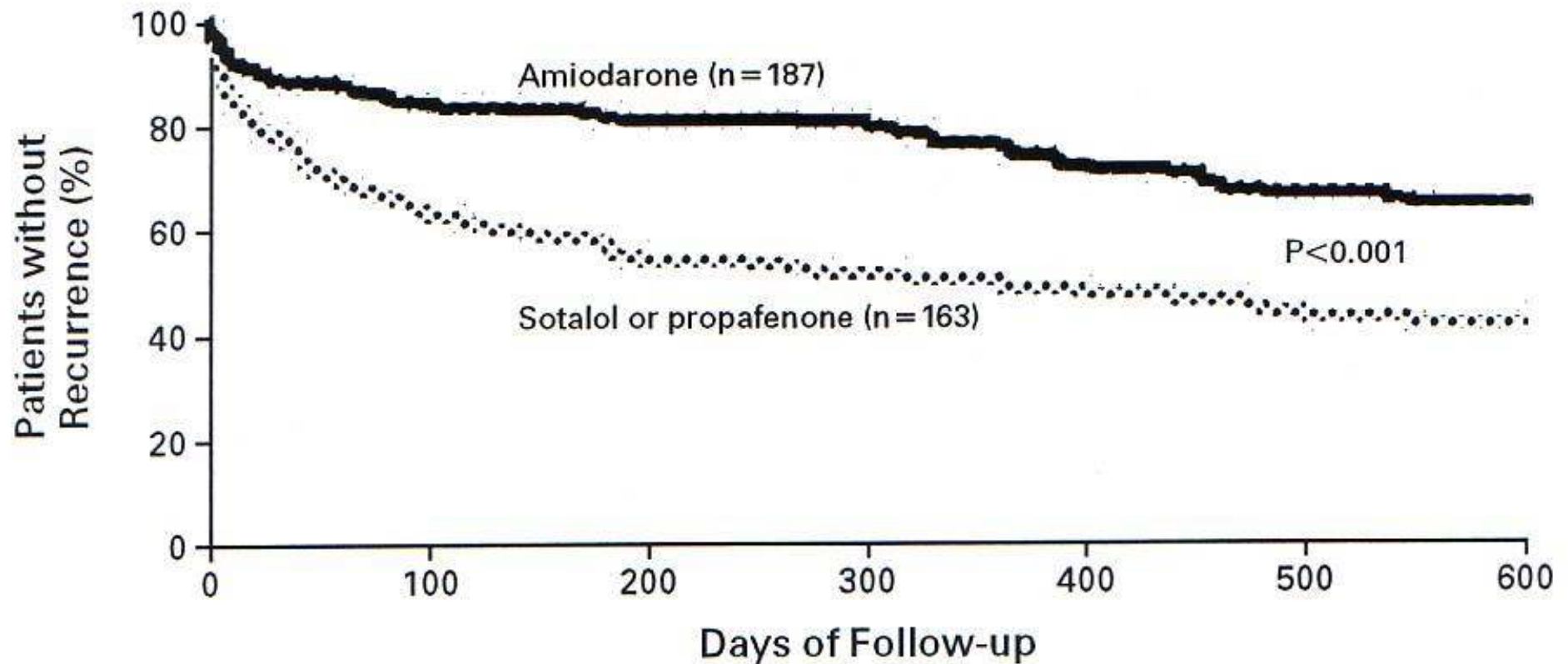
Étude CTAF – D. Roy, 2000

Tout patient randomisé – RR 0.43 – 69% vs 39% à 1 an



Étude CTAF – D. Roy, 2000

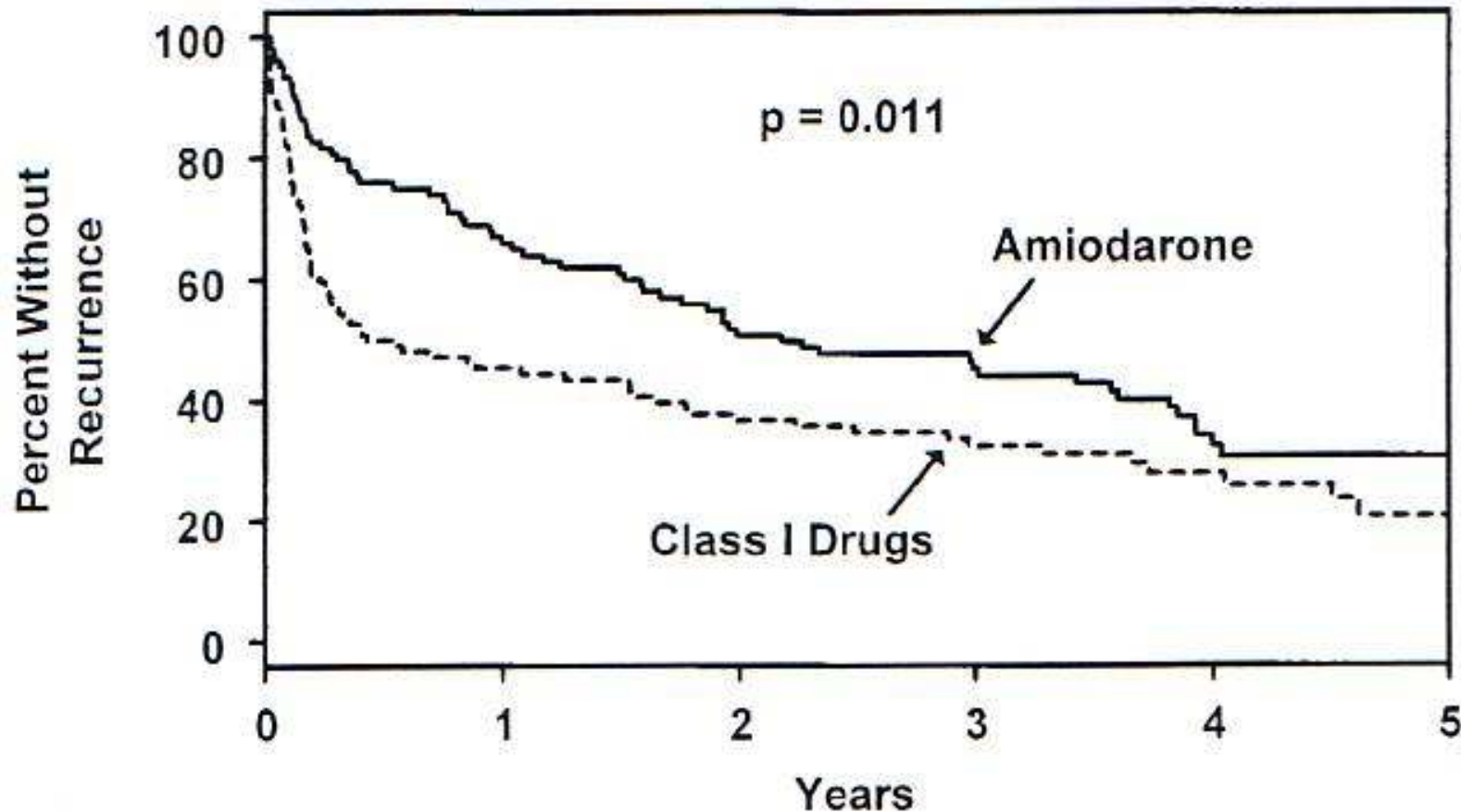
Patient en RS à la randomisation – RR = 0.45



AFFIRM – 1st AA drug substudy

- 410 patients randomisés pour :
 - amiodarone 200 mg
 - sotalol 240 mg
 - classe IA ou IC : quinidine 600 mg, disopyramide 300 mg, propafénone 450 mg, flécainide 100 mg
- Patient sans récurrence : vivant, sous AA, en RS, sans CEE

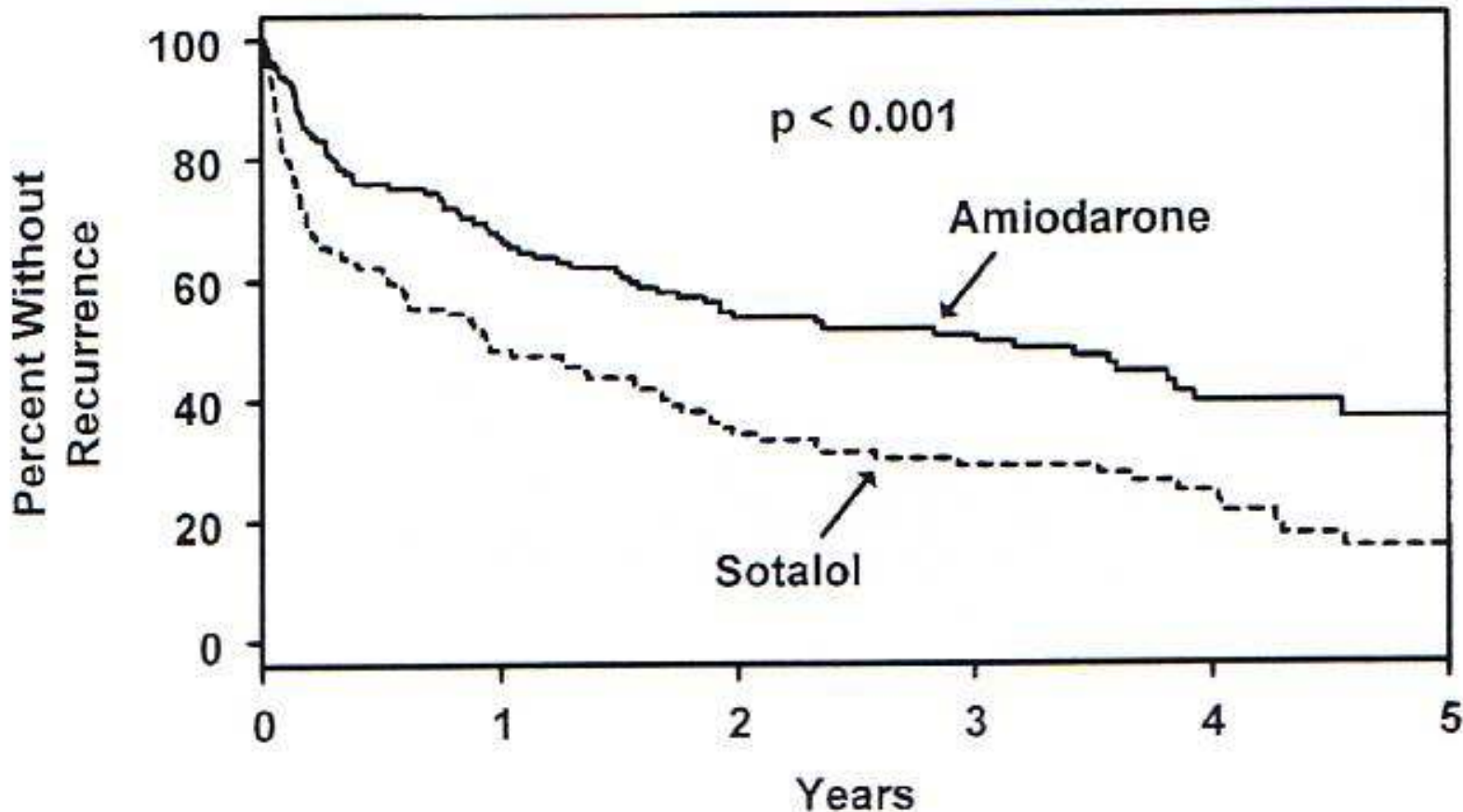
AFFIRM – 1st AA drug substudy



Number of Recurrences (% Without Recurrence)

Amio:	0 (100%)	35 (66%)	50 (51%)	55 (45%)	64 (33%)	65 (31%)
Class I:	0 (100%)	61 (45%)	70 (37%)	74 (33%)	77 (28%)	80 (21%)

AFFIRM – 1st AA drug substudy

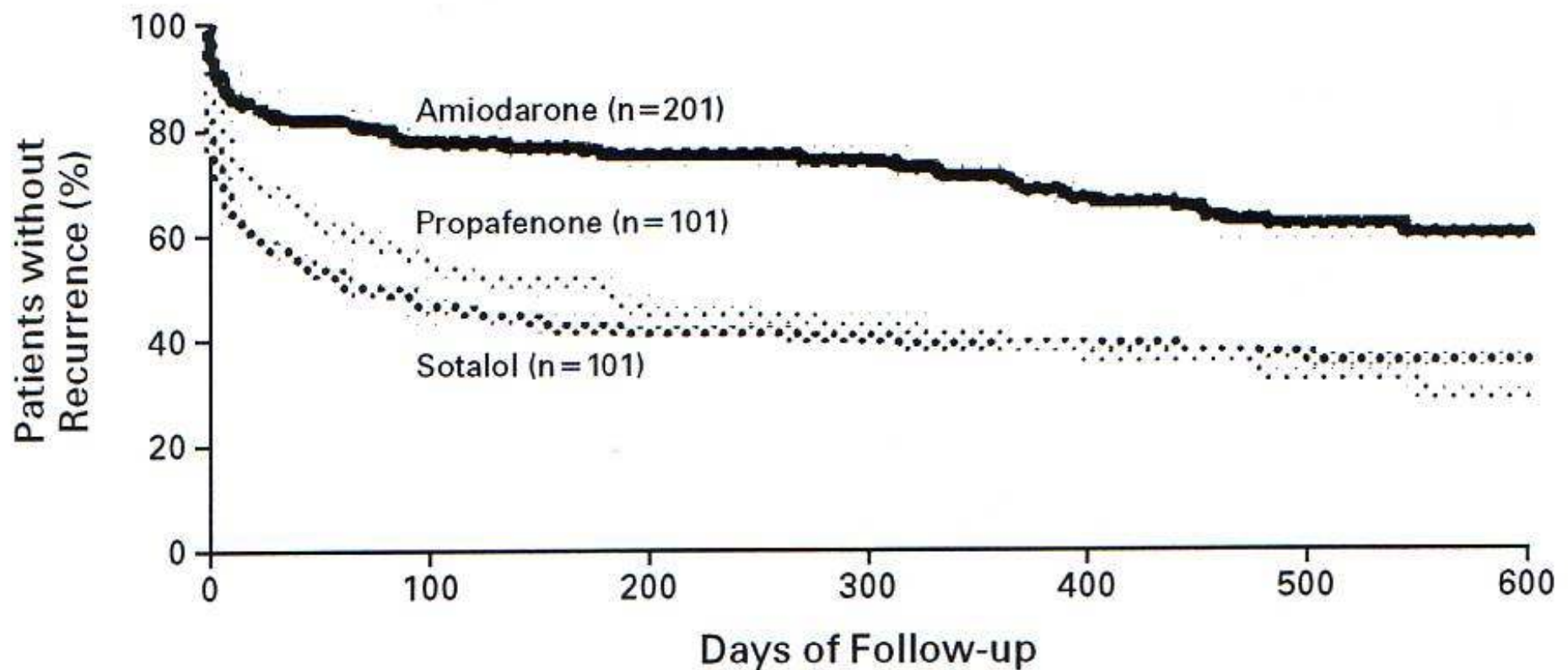


Number of Recurrences (% Without Recurrence)

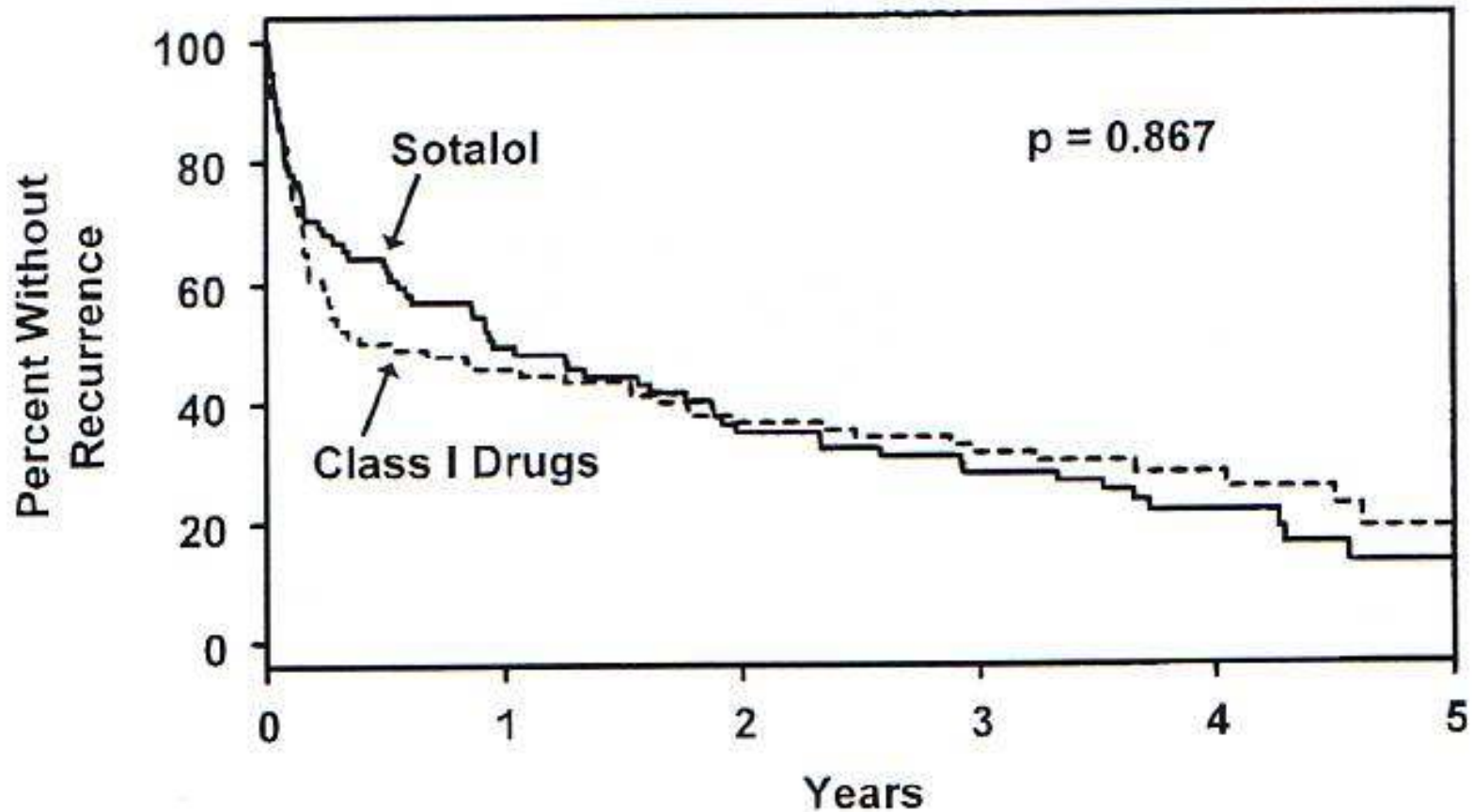
Amio:	0 (100%)	42 (67%)	58 (53%)	61 (50%)	69 (39%)	70 (37%)
Sotalol:	0 (100%)	61 (48%)	76 (34%)	81 (29%)	84 (25%)	89 (15%)

L'efficacité au long cours :
l'équivalence des autres AA

Étude CTAF – D. Roy, 2000



AFFIRM – 1st AA drug substudy



Number of Recurrences (% Without Recurrence)

Sotalol:	0 (100%)	41 (49%)	52 (35%)	57 (28%)	61 (22%)	64 (13%)
Class I:	0 (100%)	50 (46%)	58 (37%)	62 (31%)	64 (28%)	67 (19%)

Les effets II° cardiaques des AA

- Les torsades de pointe : uniquement
 - Les AA de classe I A : tous, dose-indépendant
 - Les AA de classe III : III purs, dose-dépendant
- Les troubles conductifs intra-V et les TV « toxiques » post-IDM :
 - Les AA de classe I A, B et C
- Les effets inotropes négatifs :
 - Tous sauf amiodarone
- Les troubles conductifs sinusaux et nodaux
 - Toutes les classes I, II, III, IV et digoxine !

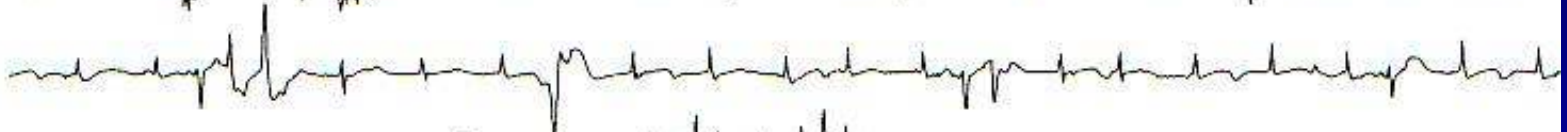
12:35:32>



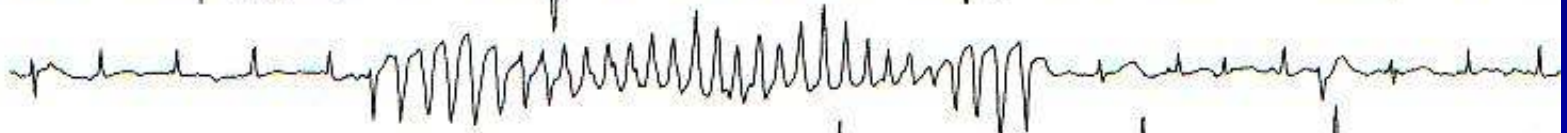
12:36:02>



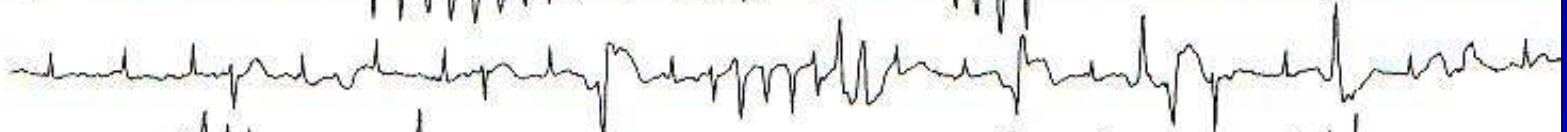
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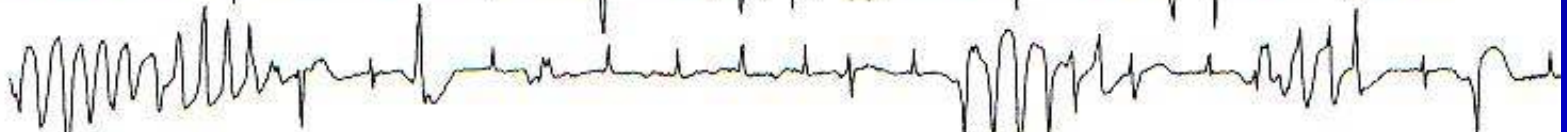
12:37:02>



12:37:32>



12:38:02>



12:38:32>



12:39:02>



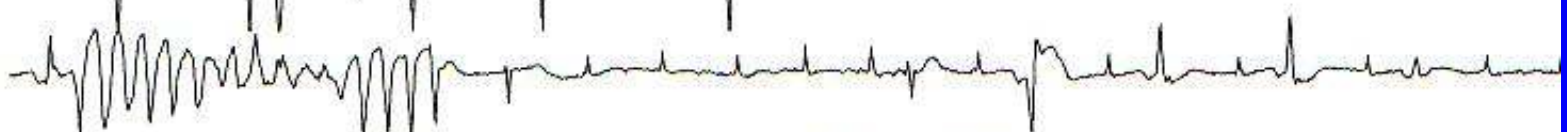
12:39:32>



12:40:02>



12:40:32>



12:41:02>



Les effets II° cardiaques des AA

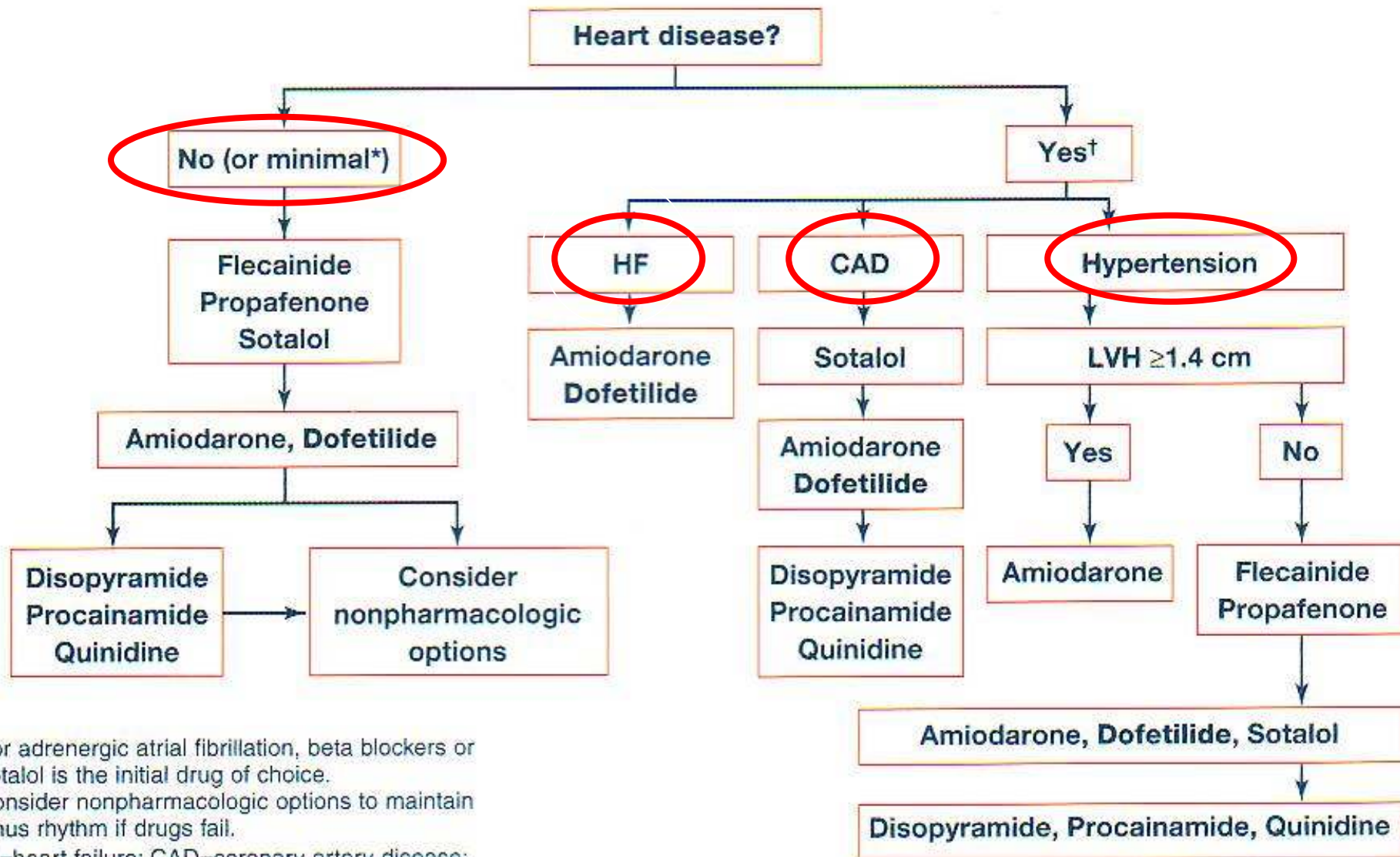
- Amiodarone : seul AA sans
 - Torsade de pointe
 - TV sur IDM ancien
 - BAV infra-nodal en cas de bloc de branche
 - Effet inotrope négatif en cas d'insuffisance cardiaque
 - et grande efficacité !!
- Pourquoi ? :
 - effets multiples I + II + III + IV ??
- Par contre :
 - troubles conductifs sinusaux et nodaux

effets II° extra-cardiaques des AA

- exemple de l'amiodarone
 - dysthyroïdies
 - thésaurismoses
 - > 30 % après 3 ans de TT !!
- exemples
 - des hypoglycémies sous Cipralan
 - des allergies cutanées sous Quinidine
- A contrario :
 - Effets neuro-sensoriels des AA de classe I
 - Effets atropiniques du Rythmodan

effets II° extra-cardiaques des AA

- Dans le cas de l'amiodarone :
 - Tous les 6 mois : TSH
 - Tous les 6 mois : Rx des poumons
 - Pas de place pour la surveillance ophtalmo !
- Pour les autres AA :
 - Aucune surveillance extra-cardiaque
- Les effets secondaires extra-cardiaques ne sont pas classe-dépendants et l'essai d'un autre AA est toujours indiqué en cas d'intolérance



*For adrenergic atrial fibrillation, beta blockers or sotalol is the initial drug of choice.

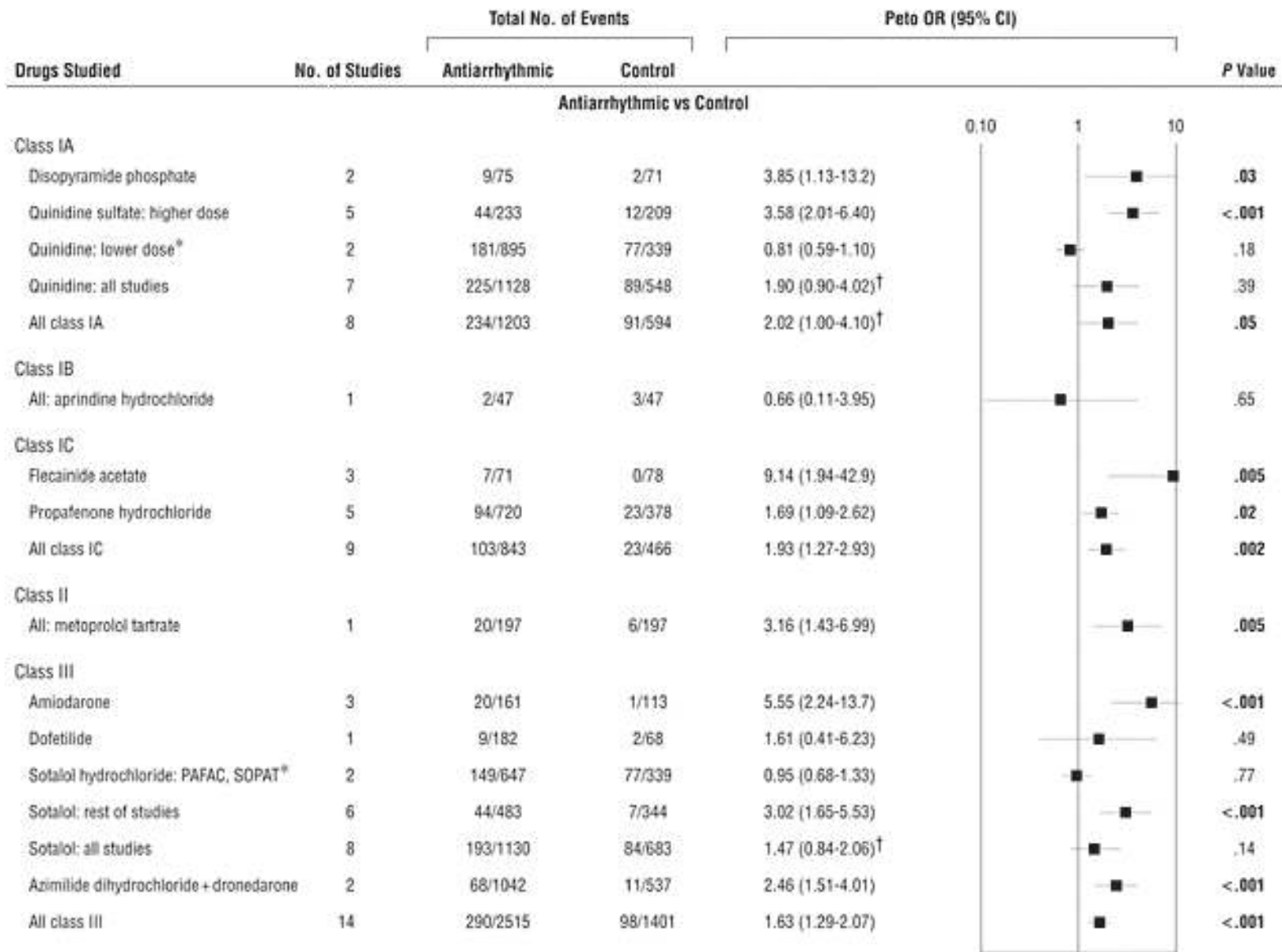
†Consider nonpharmacologic options to maintain sinus rhythm if drugs fail.

HF=heart failure; CAD=coronary artery disease; LVH=left ventricular hypertrophy.

Une méta-analyse récente

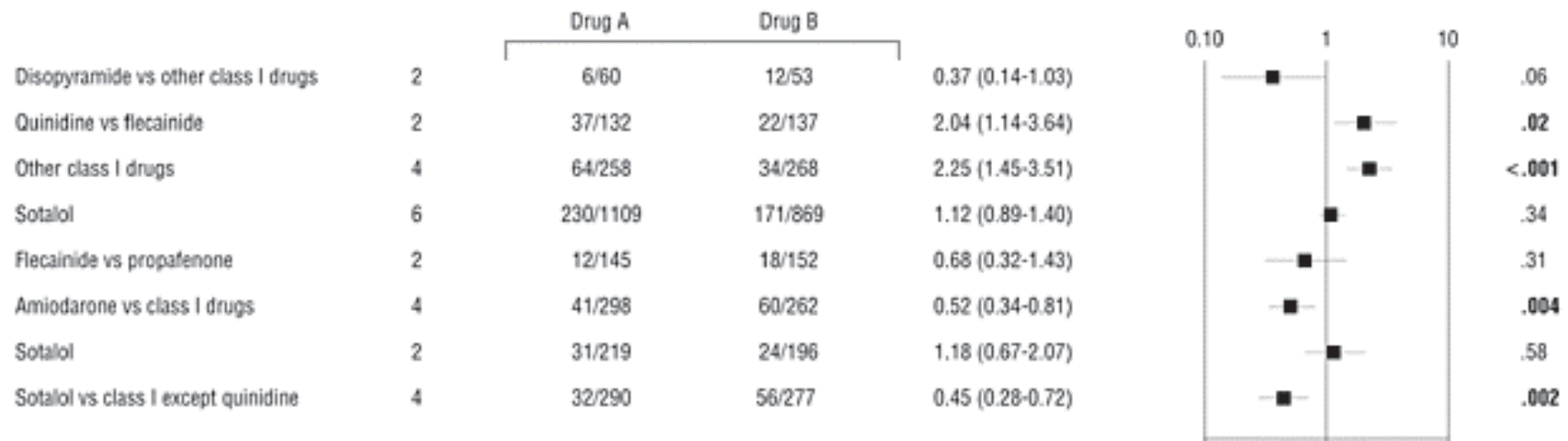
**Lafuente-Lafuente, C. et al.
Arch Intern Med
2006;166:719-728.**

Arrêt pour effets secondaires - 1



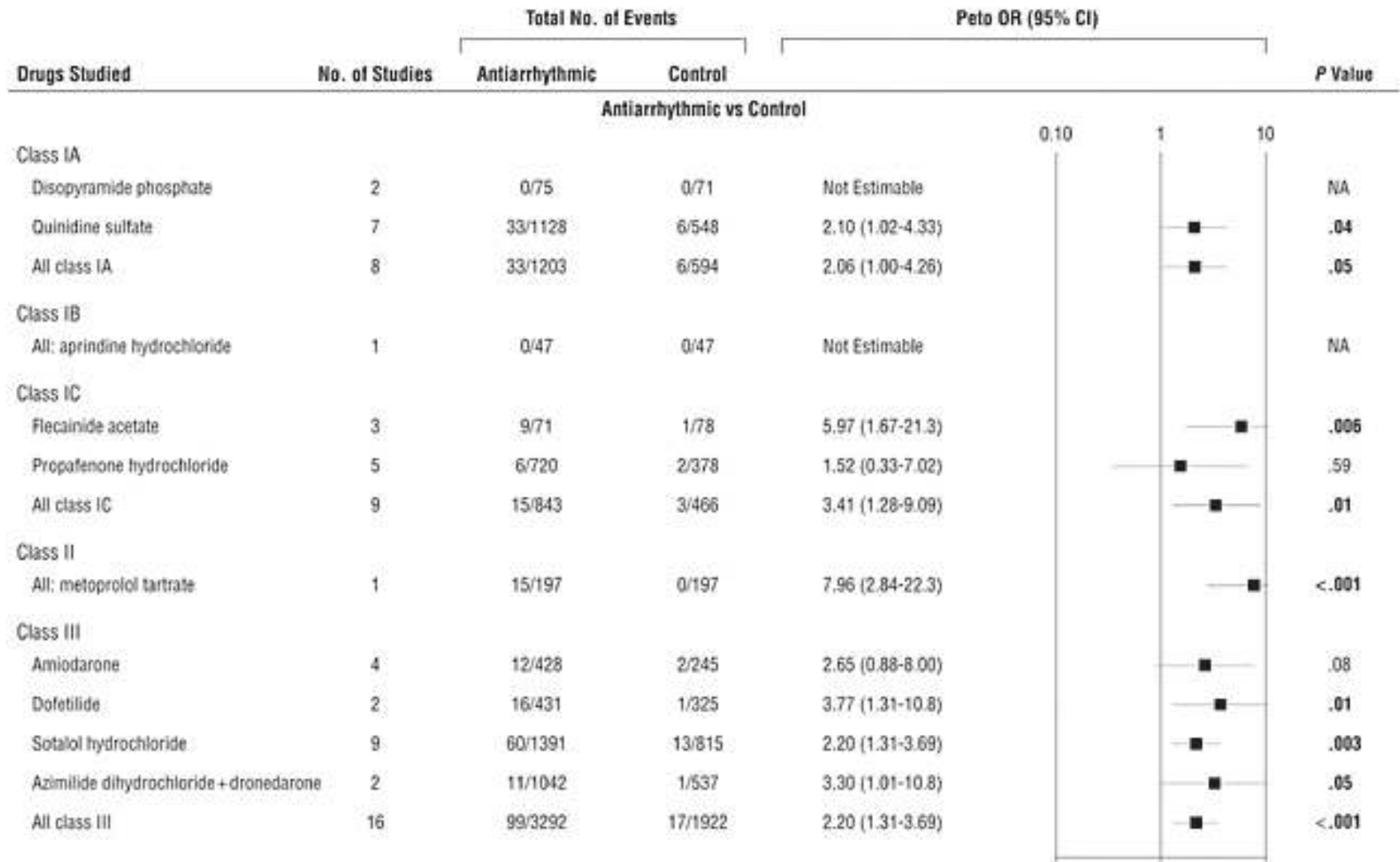
Arrêt pour effets secondaires - 2

Comparing 2 Antiarrhythmics



Lafuente-Lafuente, C. et al. Arch Intern Med 2006;166:719-728.

Effets pro-arythmiques : tachy- ou brady- (1)

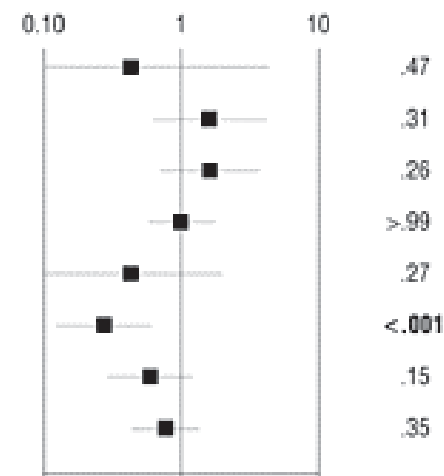


Lafuente-Lafuente, C. et al. Arch Intern Med 2006;166:719-728.

Effets pro-arythmiques : tachy- ou brady- (2)

Comparing 2 Antiarrhythmics

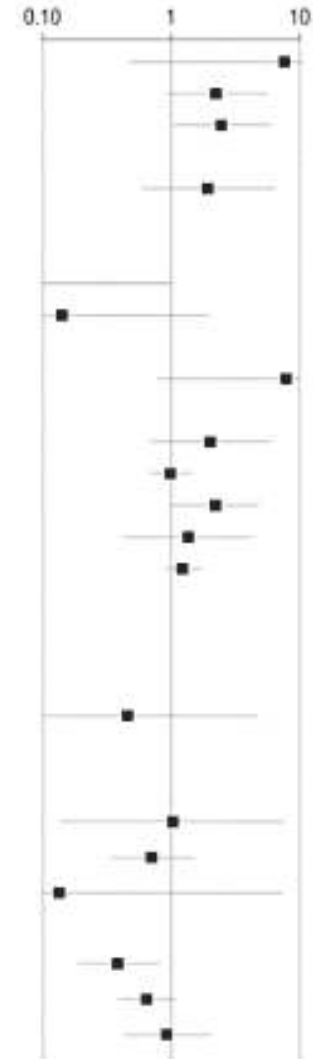
		Drug A	Drug B	
Disopyramide vs other class I drugs	2	1/60	2/53	0.43 (0.04-4.25)
Quinidine vs flecainide	2	12/132	8/137	1.60 (0.64-3.96)
Other class I drugs	4	15/258	10/268	1.59 (0.71-3.56)
Sotalol	6	32/1109	29/869	1.00 (0.60-1.68)
Flecainide vs propafenone	2	2/145	5/152	0.43 (0.10-1.93)
Amlodarone vs class I drugs	3	8/264	23/221	0.28 (0.13-0.59)
Sotalol	3	13/486	20/457	0.60 (0.30-1.20)
Sotalol vs class I except quinidine	4	26/290	31/277	0.77 (0.44-1.34)



Lafuente-Lafuente, C. et al. Arch Intern Med 2006;166:719-728.

mortalité

Drugs Studied	No. of Studies	No. of Events/Total		Peto OR (95% CI)	P Value
		Antiarrhythmic	Control		
Antiarrhythmic vs Control					
Class IA					
Disopyramide phosphate	2	2/75	0/71	7.56 (0.47-1.22)	.16
Quinidine sulfate	7	21/1128	4/548	2.26 (0.93-5.45)	.07
All class IA	8	23/1203	4/594	2.39 (1.03-5.59)	.04
Class IB					
All: aprindine hydrochloride, bidisomide	2	9/781	3/540	1.89 (0.59-6.03)	.28
Class IC					
Flecainide acetate	3	0/71	0/78	Not Estimable	NA
Propafenone hydrochloride	5	0/720	2/378	0.05 (0.00-1.02)	.05
All class IC	9	1/843	2/466	0.14 (0.00-1.68)	.14
Class II					
All: metoprolol tartrate	1	3/197	0/197	7.47 (0.77-72.20)	.08
Class III					
Amiodarone	4	13/428	3/245	1.96 (0.68-5.67)	.21
Dofetilide	2	83/431	83/325	0.97 (0.67-1.40)	.88
Sotalol hydrochloride	9	30/1391	5/815	2.09 (0.97-4.49)	.06
Azimilide dithydrochloride + dronedarone	2	10/1042	4/537	1.31 (0.43-3.97)	.63
All class III	16	136/3292	95/1922	1.19 (0.88-1.61)	.27
Comparing 2 Antiarrhythmics					
		Drug A	Drug B		
Disopyramide vs other class I drugs					
	2	1/60	2/53	0.46 (0.05-4.52)	.51
Quinidine vs					
Flecainide	2	0/132	0/137	Not Estimable	NA
Other class I drugs	4	2/258	2/268	1.04 (0.14-7.46)	.97
Sotalol	6	13/1109	17/869	0.71 (0.34-1.46)	.35
Flecainide vs propafenone					
	2	0/145	1/152	0.14 (0.00-6.96)	.32
Amiodarone vs					
Class I drugs	4	10/241	26/257	0.39 (0.19-0.79)	.009
Sotalol	3	28/463	39/447	0.66 (0.40-1.10)	.11
Sotalol vs class I except quinidine					
	4	15/243	17/251	0.94 (0.44-1.99)	.87



4 - AA et pharmacocinétique

Clinical Pharmacology of Flecainide

Dose	Oral 50–150 mg t.i.d.
Absorption	Rapid, complete
Bioavailability	95%
Peak levels	3–4 hours
Protein binding	40%
Volume of distribution	10 liters/kg
Half-life	20 hr (11–30)
Therapeutic blood levels	0.2–1.0 $\mu\text{g}/\text{mL}$
Metabolism	Hepatic (70%)
Metabolites	meta-O-Dealkylated flecainide Meta-O-Dealkylated lactam flecainide Probably inactive

Clinical Pharmacology of Propafenone

Dose	Oral, 150–300 mg t.i.d.
Absorption	Rapid, complete
Bioavailability	Dose-related 13–55%; (first-pass hepatic clearance)
Peak levels	2–5 hr
Protein binding	90–95%
Volume of distribution	3.0 liter/kg (200–300 liters)
Half-life	6 hr (3–12 hr) in extensive metabolizers; 17 hr (10–32 hr) in poor metabolizers
Therapeutic blood levels	Variable
Metabolism	Hepatic (99%) (rapid in extensive metabolizers, 90% of patients)
Metabolites	5-Hydroxypropafenone N-Depropylpropafenone

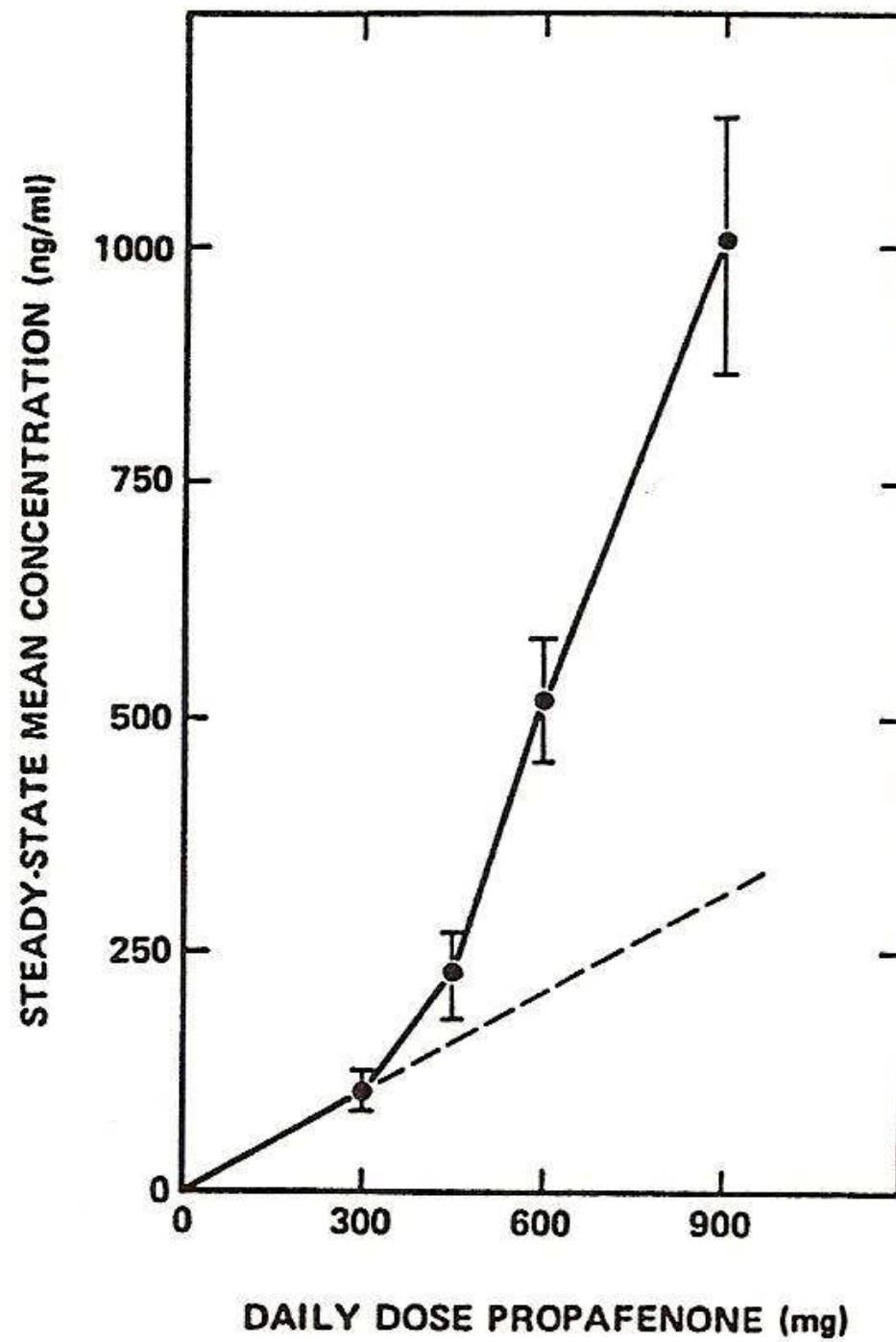


TABLE 8-10. PHARMACOKINETIC PROPERTIES OF SOTALOL

Absorption rate	T_{\max} 2–3 h
Extent of absorption	>90% of dose
Extent of bioavailability	~100% of dose
Binding to plasma protein	0%
Approximate volume of distribution	1.6–2.4 L/kg
Elimination	
Renal (unchanged)	~90%
Biotransformation	0%
Approximate plasma half-life	15 (7–18) h
Pattern of elimination kinetics	First order
Kinetic model applicable	Open two compartment
Metabolites	None detected
Steady state to dose ratio	Two-fold variation
Special features	Accumulation in renal failure, kinetics not affected by liver function

Clinical Pharmacology of Amiodarone

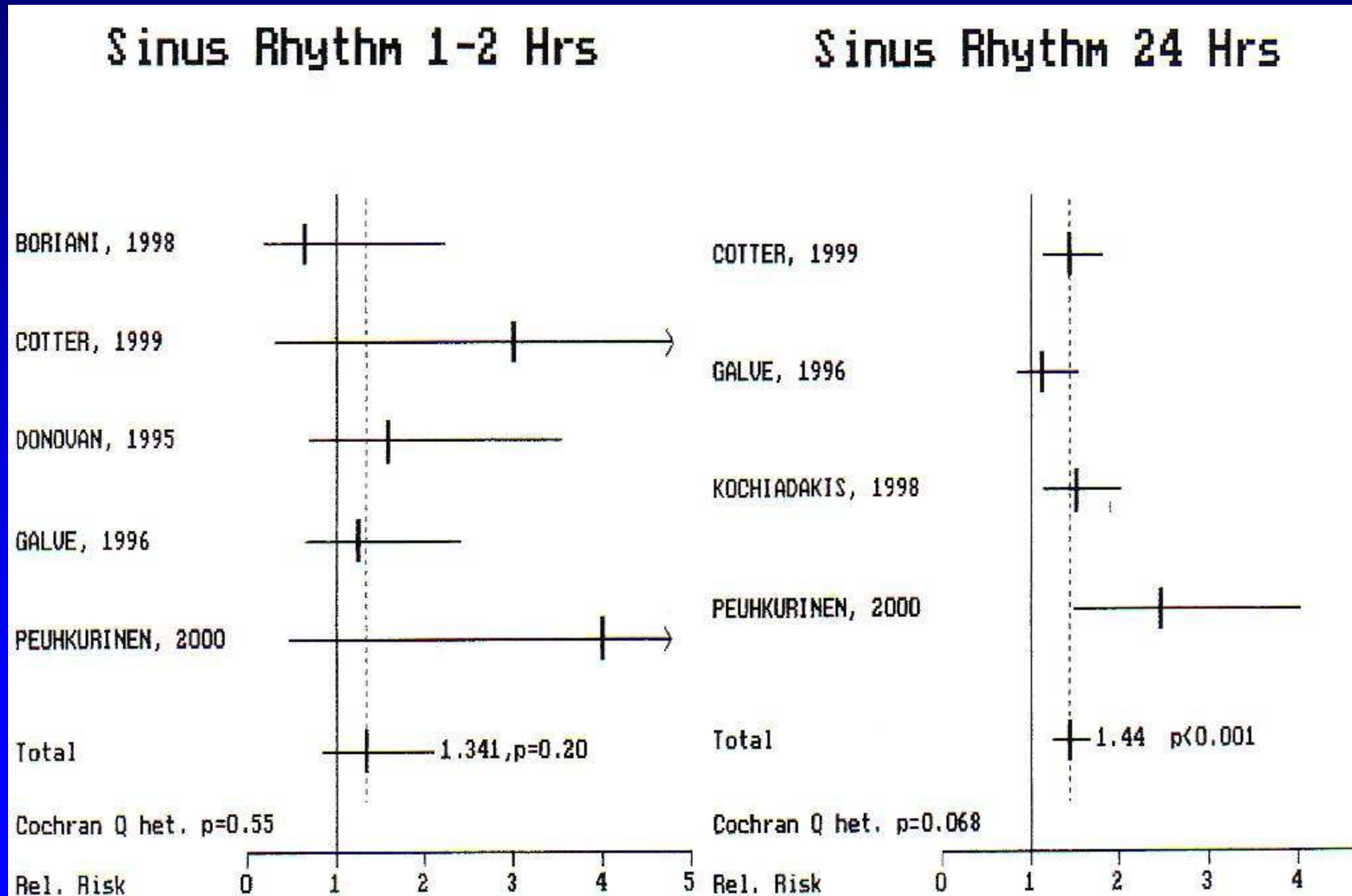
Absorption rate	2–12 hr
Extent of absorption	Poor and slow
Bioavailability	Variable (22–86%)
Peak plasma levels	4–6 hr
Protein binding	96%
Volume of distribution	
Acute	1.3–65.8 L/kg
Steady-state	5.0 L/kg
Elimination	Hepatic and intestinal
Elimination half-life	
Acute	3–21 hr
Chronic	52.6 d
Total body clearance	0.10–0.77 L/min
Metabolites	Mono- <i>N</i> -desethylamiodarone Bis- <i>N</i> -desethylamiodarone Deiodinated metabolites
Therapeutic level	1.0–2.5 µg/mL

L'efficacité immédiate :
le succès des classes Ic
sur la cardioversion

la place de la pharmacocinétique!

Méta-analyse de Chevalier – 2003

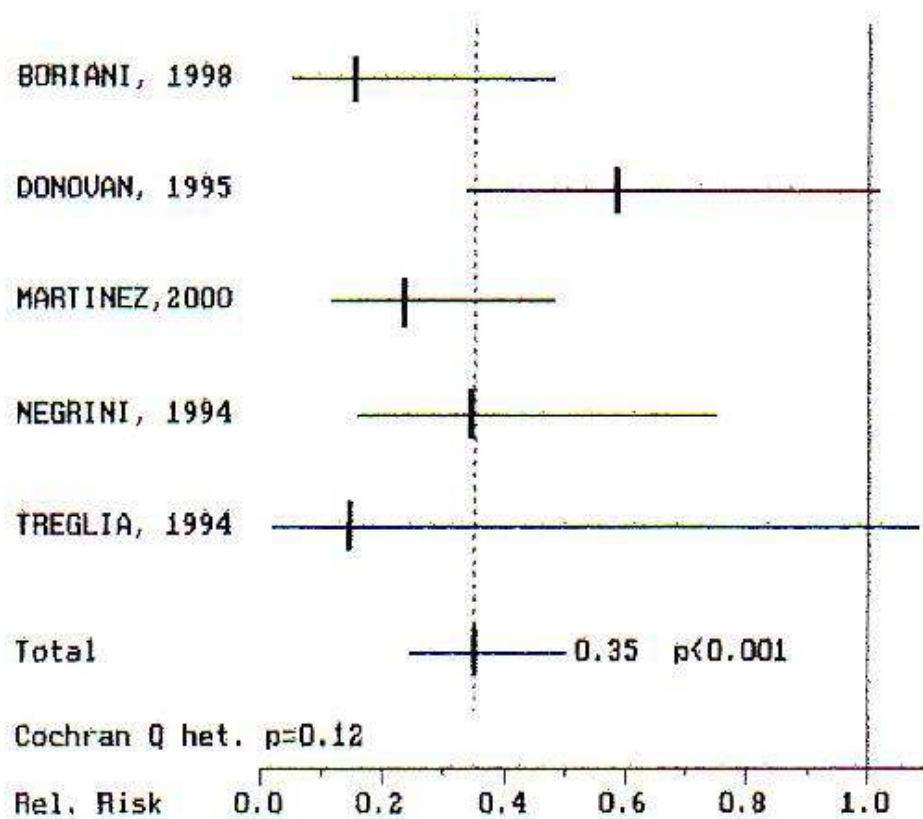
placebo vs amiodarone : 6 études 595 patients



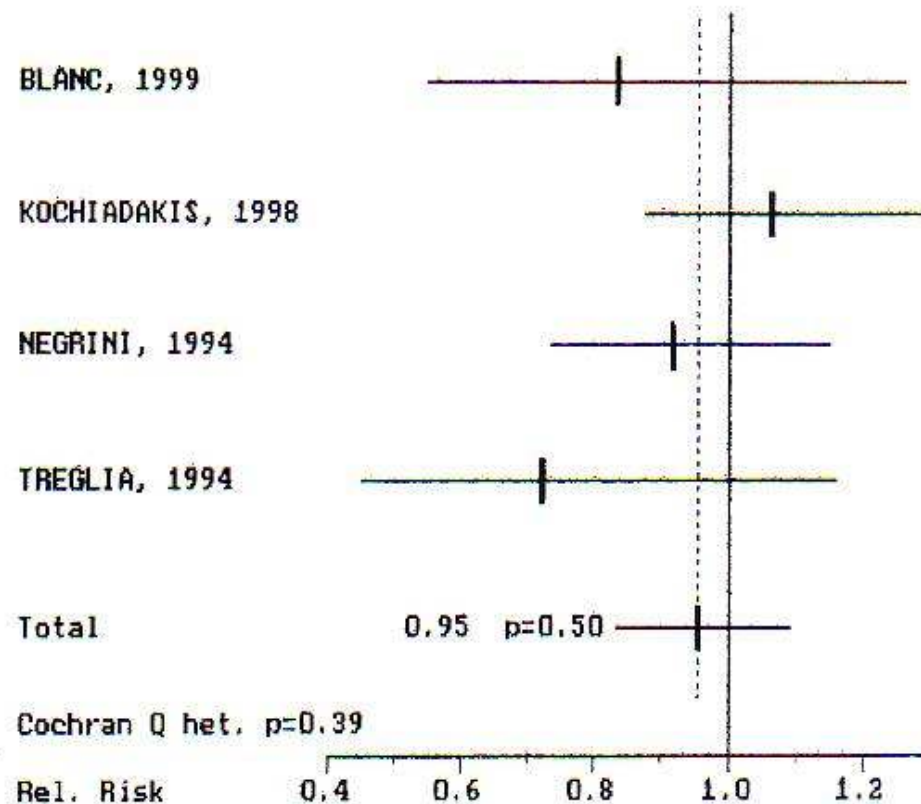
Méta-analyse de Chevalier – 2003

classe Ic vs amiodarone : 7 études 579 patients

Sinus Rhythm 1-2 Hrs



Sinus Rhythm 24 Hrs

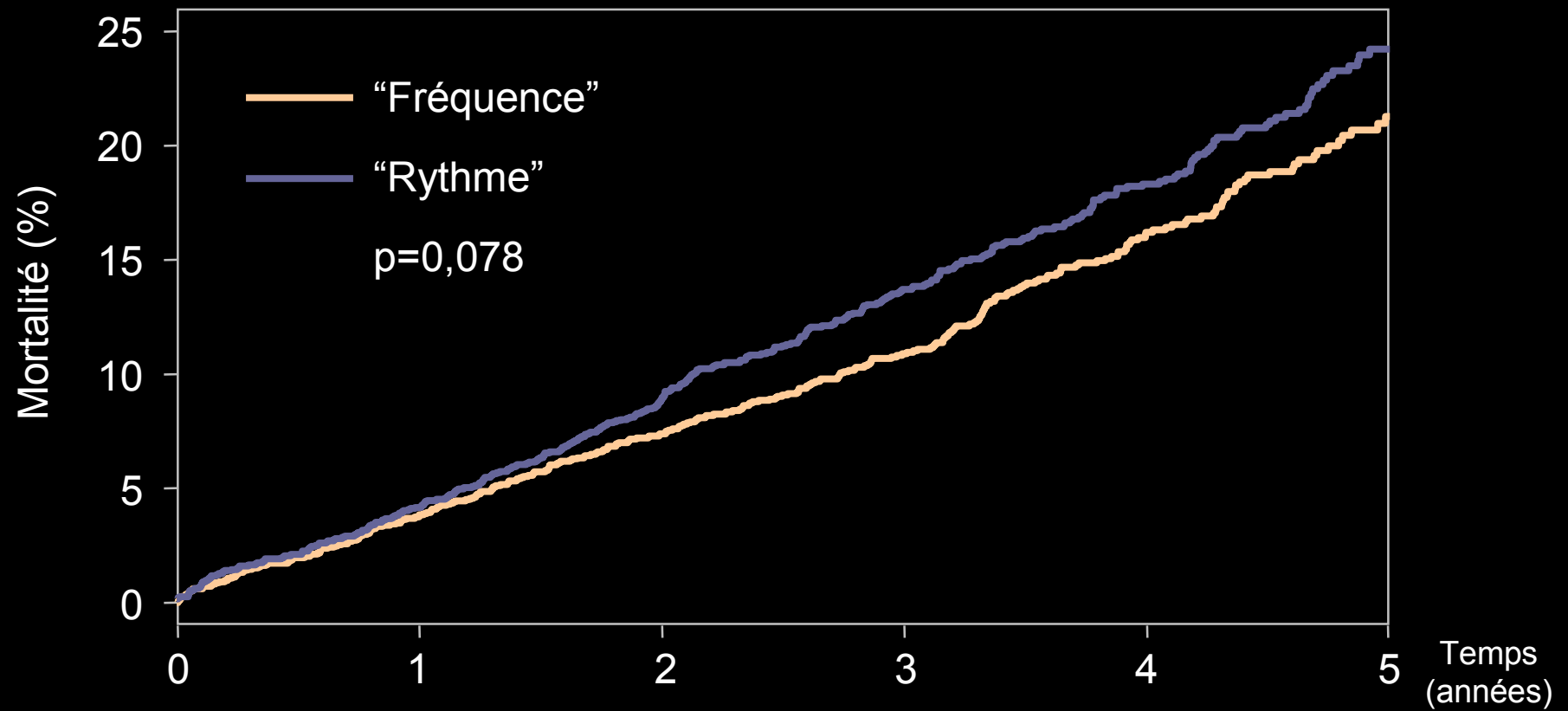


Les AA actuels :

on peut mieux faire ...

La question des années
2000 : réduire ou ralentir
5 études et une méta-analyse

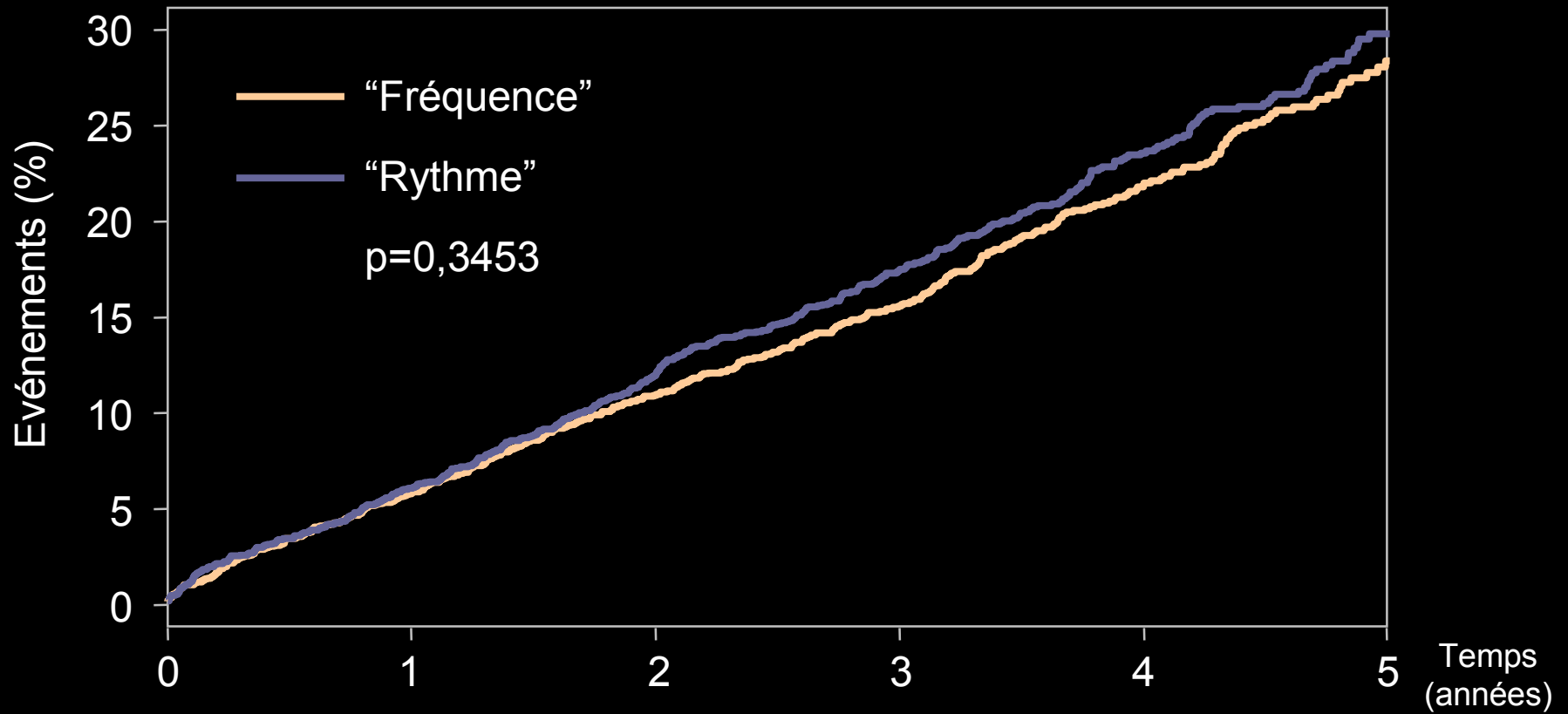
Critère d'évaluation principal : mortalité totale (toutes étiologies confondues)



“Fréquence” n :	2027,0	1926,78	1827,148	1329,210	774,275	236,306
“Rythme” n :	2033,0	1932,80	1807,175	1316,257	780,314	255,352

The AFFIRM investigators N Engl J Med 2002; 347(23): 1825-33.

Critère composite 2^{re} : décès, AVC invalidants, encéphalopathies anoxiques, saignements majeurs, arrêts cardiaques



“Fréquence” n :	2027	1888	1760	1264	722	208
“Rythme” n :	2033	1895	1746	1259	719	231

The AFFIRM investigators N Engl J Med 2002; 347(23): 1825-33.

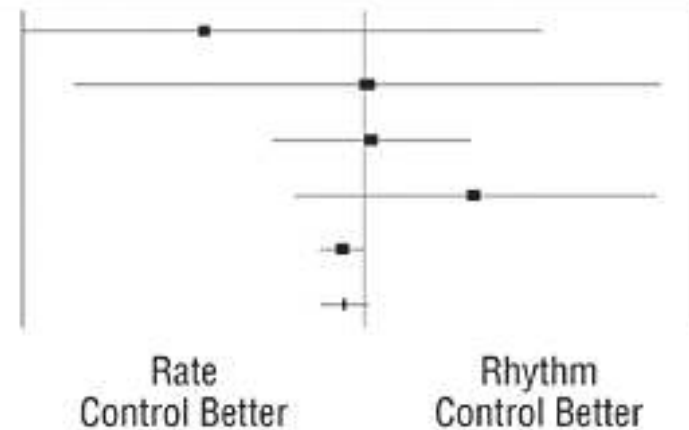
Méta-analyse des 5 études « réduire / ralentir »

**de Denus, S. et al. Arch
Intern Med 2005;165:258-
262.**

Trial	AFFIRM ^{5,12}	RACE ⁷	STAF ⁶	PIAF ^{4,13}	HOT CAFE ⁸
No. of patients	4060	522	200	252	205
Duration of AF before randomization	NA (69.2% had AF \geq 2 d for the qualifying episode)	Rate: 337 d (median) Rhythm: 309 d (median)	Rate: 10.4 mo (mean) Rhythm: 13.7 mo (mean)	Rate: 118 d (mean) Rhythm: 103 d (mean)	Rate: 243.2 d (mean) Rhythm: 220.4 d (mean)
Follow-up, y	3.5 (Mean)	2.3 (Mean)	1.6 (Mean)	1	1.7 (Mean)
AF population	Age \geq 65 y or other risk factors for stroke or death; AF likely to be recurrent	Recurrent persistent AF or atrial flutter	Persistent AF with moderate to high risk of recurrence	Persistent, symptomatic AF	Persistent AF
Patient details					
Mean age, y	69.7	68	65.8	60.5	60.8
Female, %	39.3	36.6	36.5	27	34.6
HTN, %	70.8	49	62.5	50	64.4
HF, %*	23.1	50	55.5	16.5	62
IHD, %	38.2	27	43.5	23	43.9
Anticoagulation	Rate: required Rhythm: physician discretion if sinus rhythm maintained	Rate: required, except if age < 65 y and no cardiac disease Rhythm: physician discretion if sinus rhythm maintained	Both groups: ACCP guidelines	All patients	Rate: ACCP guidelines Rhythm: physician discretion if sinus rhythm maintained
AV blocking agents used in the rate control group, %	Digoxin, 70.6 β -Blocker, 68.1 Diltiazem hydrochloride, 46.1 Verapamil hydrochloride, 16.8	NS	β -Blocker, 45 Calcium channel blocker, † 22 Digoxin, 75	β -Blocker, 9 Digoxin, 70 Diltiazem, 100	β -Blocker, 89.1 Calcium channel blocker, † 7.9 Digoxin, 42.6
AA agents most frequently used in the rhythm control group, %	Amiodarone hydrochloride, 62.8 Sotalol hydrochloride, 41.4 Propafenone hydrochloride, 14.5	Sotalol as initial agent, followed by other agents if necessary	Amiodarone, 42 Sotalol, 22 Class I, 12	Amiodarone, 100	Amiodarone, 56.7 Propafenone, 36.5 Sotalol, 24.0
Patients in sinus rhythm at end of study, %					
Rhythm	3 y, 73.3; 5 y, 62.6	39	38	56	63.5
Rate	5 y, 34.6	10	9	10	NS
Trial weight, %					
All-cause mortality	91.7	5.5	1.7	0.7	0.5
Ischemic strokes	62.5	NA	23	NA	14.6

de Denus, S. et al. Arch Intern Med 2005;165:258-262.

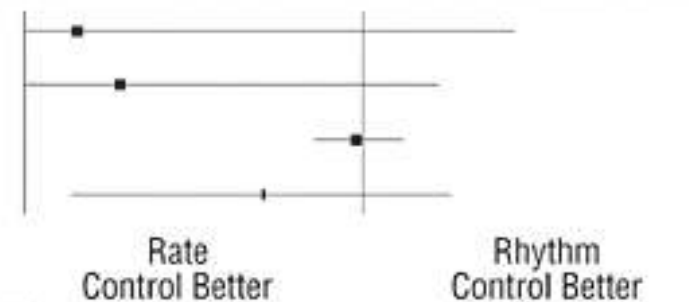
Trial	Rate	Rhythm	0.1	1	10
HOT CAFE ⁸	1/101	3/104			
PIAF ^{4,13}	2/125	2/127			
RACE ⁷	18/256	18/266			
STAF ⁶	8/100	4/100			
AFFIRM ^{5,12}	310/2027	356/2033			
Combined	339/2609	383/2630			
Percentage	13.0	14.6			



OR, 0.87 (95% CI; 0.74 - 1.02), $P = .09$

mortalité

Trials	Rate	Rhythm	0.1	1	10
HOT CAFE ⁸	0/101	3/104			
STAF ⁶	1/100	5/100			
AFFIRM ^{5,12}	77/2027	80/2033			
Combined	78/2228	88/2237			
Percentage	3.5	3.9			



OR, 0.50 (95% CI; 0.14 - 1.83), $P = .30$

AVC AIT

rôle du rythme sinusal ?

Analyse « sous traitement » de la mortalité

18 covariants :

- 12 paramètres de base cliniques (n= 3677 patients) ou échographiques (n= 2796 patients)
- 6 paramètres temps-dépendant : RS, AVK, digoxine, béta-, Ca-, médicaments AA
- $p < 0,01$

Affirm investigators, Circulation 2004;109:1509

TABLE 2. Covariates Significantly Associated With Survival Results With Echocardiographic Data Included

Covariate	<i>P</i>	HR	HR: 99% Confidence Limits	
			Lower	Upper
Age at enrollment*	<0.0001	1.06	1.05	1.08
Coronary artery disease	<0.0001	1.56	1.20	2.04
Congestive heart failure	<0.0001	1.57	1.18	2.09
Diabetes	<0.0001	1.56	1.17	2.07
Stroke or transient ischemic attack	<0.0001	1.70	1.24	2.33
Smoking	<0.0001	1.78	1.25	2.53
Left ventricular dysfunction	0.0065	1.36	1.02	1.81
Mitral regurgitation	0.0043	1.36	1.03	1.80
<u>Sinus rhythm</u>	<0.0001	0.53	0.39	0.72
<u>Warfarin use</u>	<0.0001	0.50	0.37	0.69
<u>Digoxin use</u>	0.0007	1.42	1.09	1.86
<u>Rhythm-control drug use</u>	0.0005	1.49	1.11	2.01

Les études « réduire vs
ralentir » :

rien ne vaut le rythme
sinusal, mais sans les AA
actuels ...

2. les AA du futur

- 1 – d'autres bloqueurs des canaux ioniques
- 2 – des anti-arythmiques agissant sur d'autres échanges ioniques
- 3 – des traitements anti-arythmiques par des médicaments « non-anti-arythmiques »

Les nouveaux anti- arythmiques : 3 directions

1 – d'autres bloqueurs des canaux
ioniques

De nouveaux bloqueurs des canaux ioniques

“Conventional” agents	Mechanism of action
Azimilide	Class III (IKs _ IKr blocker)
Tedisamil	Class III (IKr _ Ito blocker)
Ersentilide	Class III (IKr blocker) __-blocker
Trecetilide	Class III (IKr _ INa blocker)
Almokalant, terikalant	Class III (IKr blocker)
SB237376	Class III (IKr blocker)
ARH050642	Class III
EMD60263	Class III _ Ca sensitizer
HMR1402	Class III (IKs blocker)
HMR1556	Class III (IKs blocker)
L768673	Class III (IKs blocker)
Ambasilide	Ito, IK1, IKAch, IKur, and INa blocker
Dronedarone (SR33589)	Class I–IV
E0474	Class I _ III

dofétilide

TIKOSYN

azimilide

STEDICOR

Dronedarone: MULTAQ

- Dronedarone is a new benzofurane derivative



Dronedarone(MW=593)

Dronedaron:

Multifactorial ionic mechanism of action

- Outward currents:

guinea-pig (IC ₅₀ ; μM) ²	Dronedaron	Amiodarone
I _{Kr} (ventricle)	2-3	10
I _{Ks} (ventricle)	10	30
I _{K1} (ventricle)	>30	≤30
I _{K(Ach)} (atrium)	0.01	1

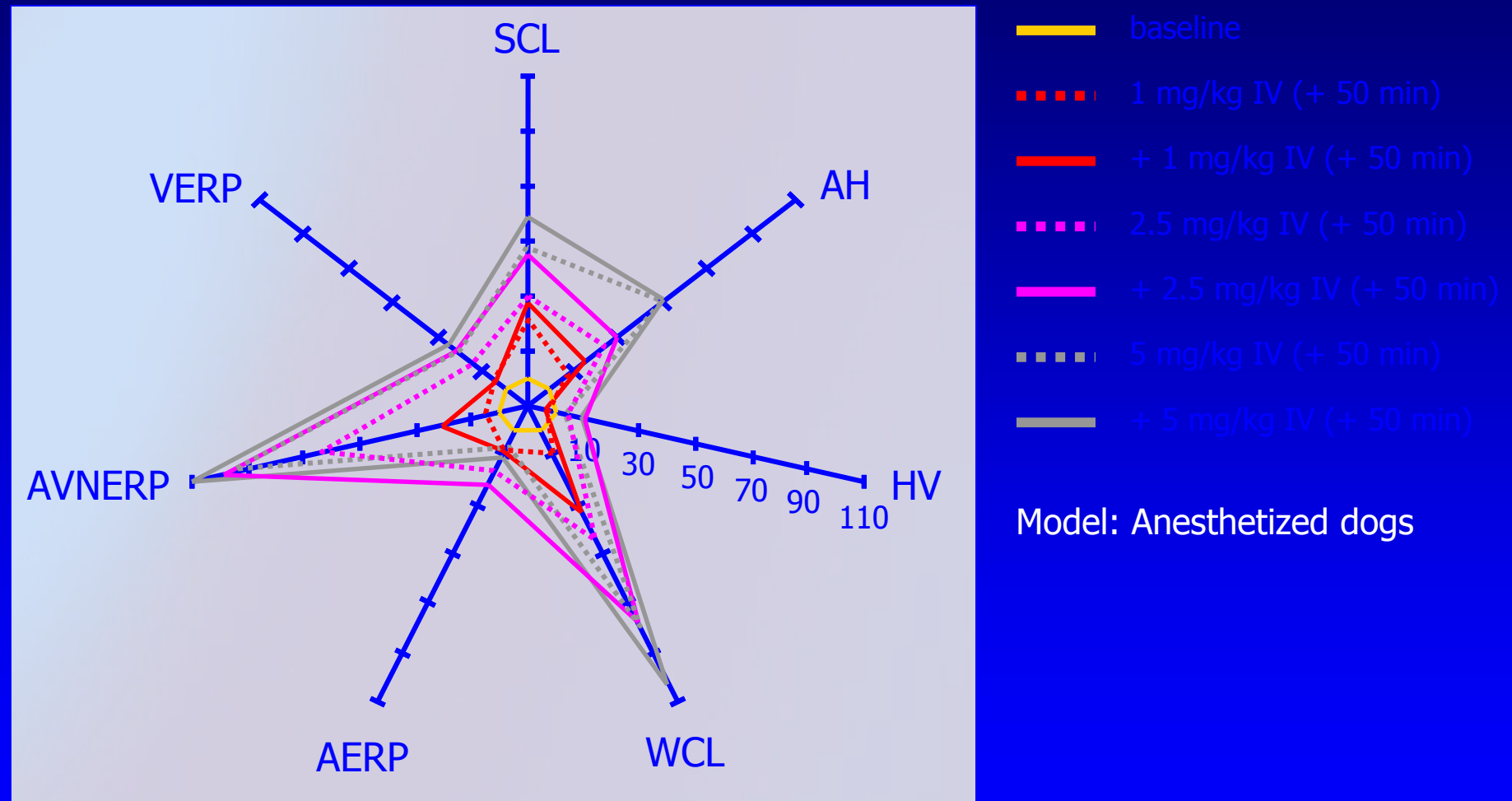
- Inward currents:

	Dronedaron	Amiodarone
I _{Na} (human; 3 μM) ¹	-97%	-41%
I _{Ca(L)} (guinea-pig; CI ₅₀ , μM) ²	0.2	10

(1) Lalevée et coll. (2003) *J Cardiovasc Electrophysiol* 14;885-890

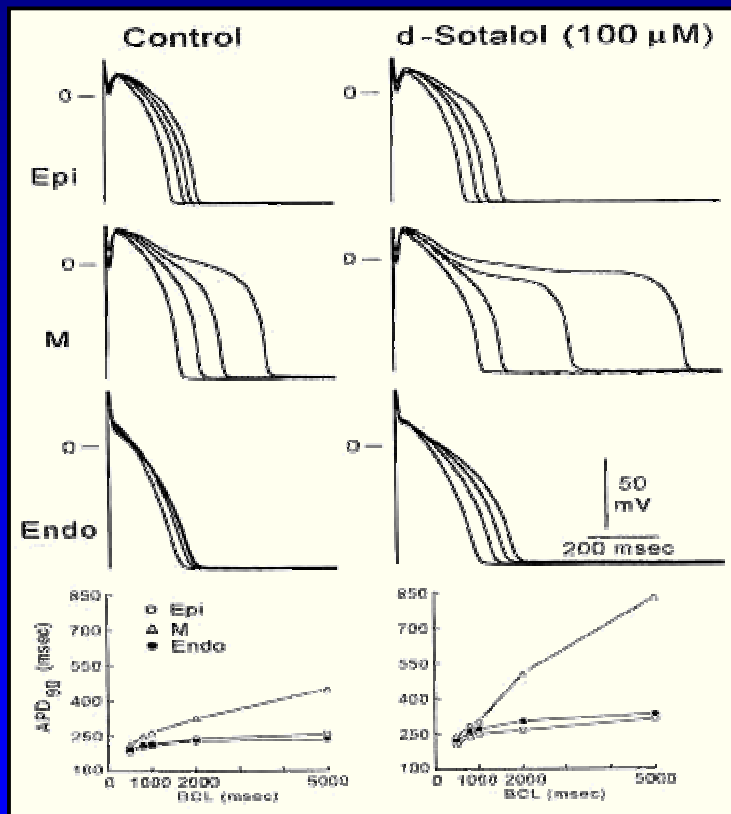
(2) Gautier et coll. (2003) *J Cardiovasc Pharmacol* 41:191-202.

Dronedarone: Electrophysiological effects

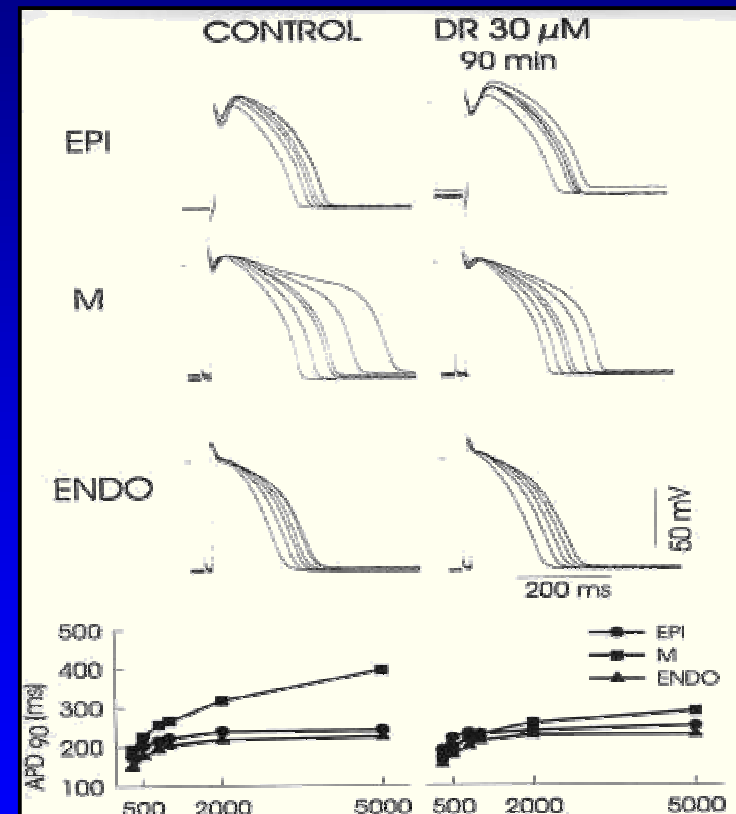


Dronedarone reduces transmural dispersion of ventricular repolarization

- Effects of d-Sotalol and Dronedarone on transmural repolarization of the dog ventricle



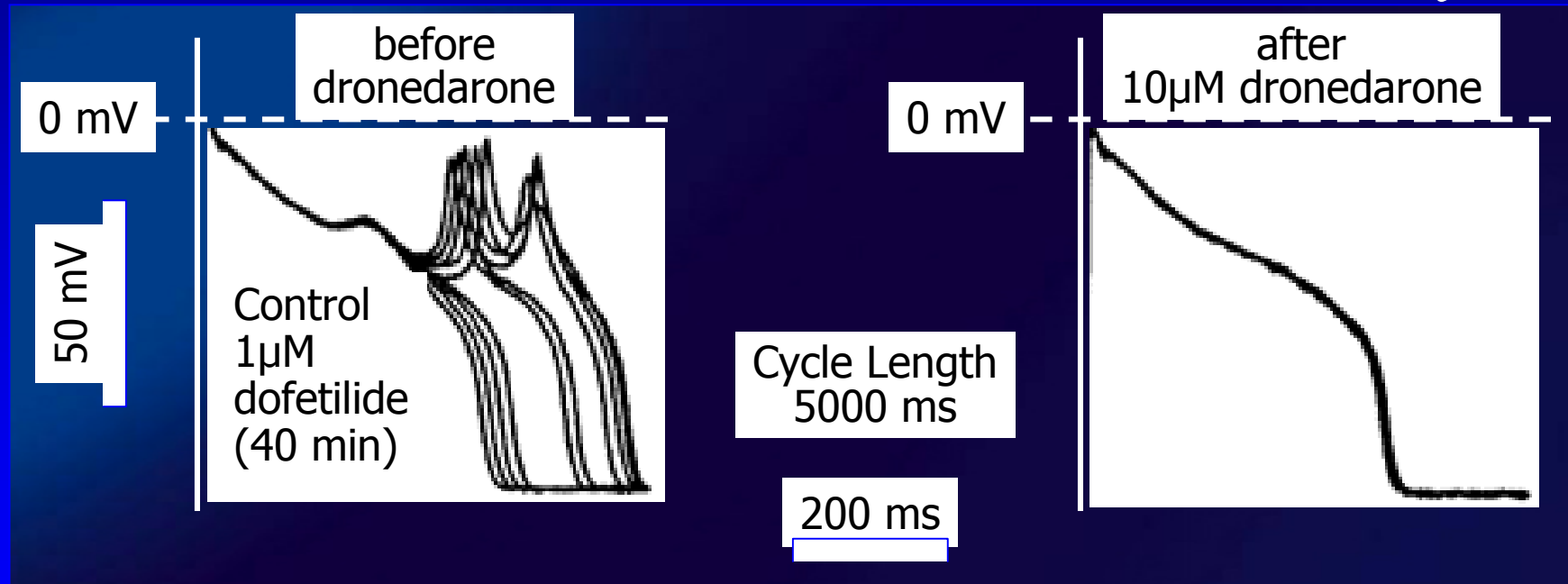
Sicouri et al. J Cardiovasc Pharmacol Ther 1997;2:27



Sicouri Fund Clin Pharmacol 1999;13:72

Dronedarone: protects from class III drug-induced EADs

- Effect of Dronedarone on EADs induced by

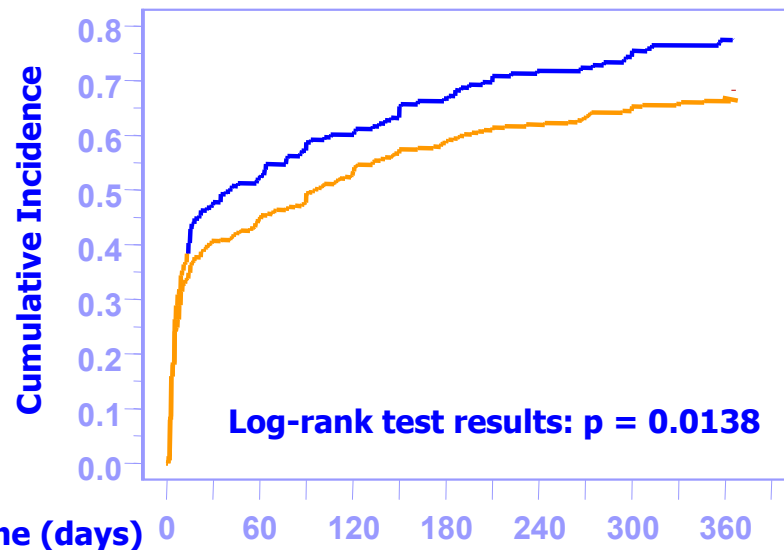


Études « pivot » : EURIDIS et ADONIS

Objectif primaire : première récurrence de FA-flutter

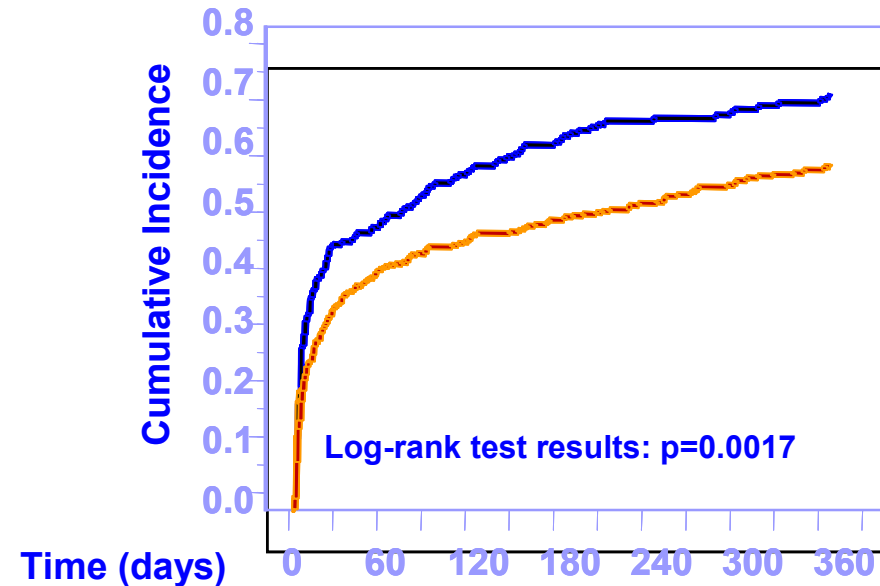
EURIDIS

	Placebo (N=201)	Dronedaronne 800mg (N=411)
pts with a recurrence	155	272
Median Time in days	41	96
RR (95% CI)	0.784 ([0.644;0.955])	



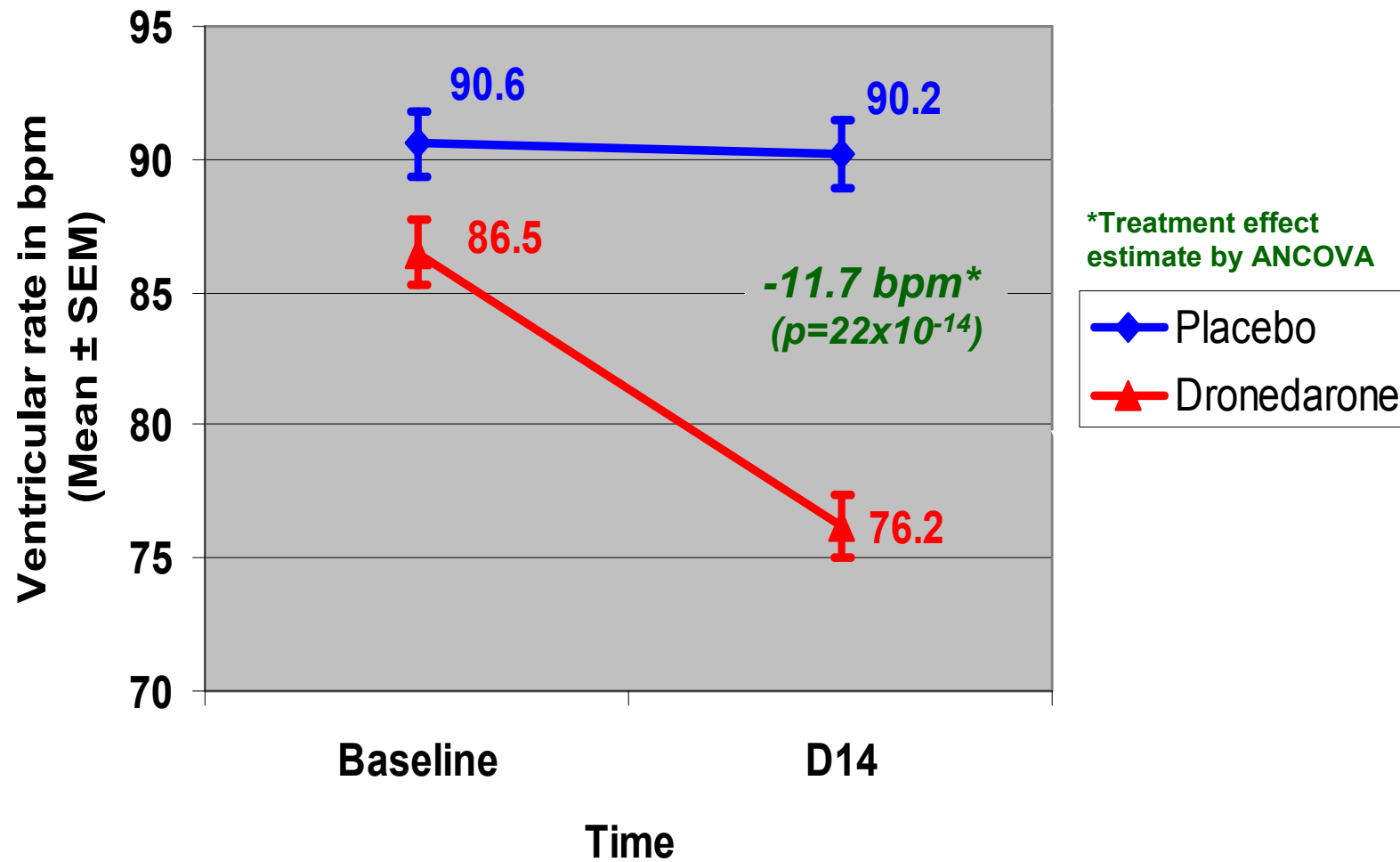
ADONIS

	Placebo (N=208)	Dronedaronne 800 mg (N=417)
pts with a recurrence	146	246
Median time in days	59	158
RR (95% CI)	0.725 ([0.590;0.890])	

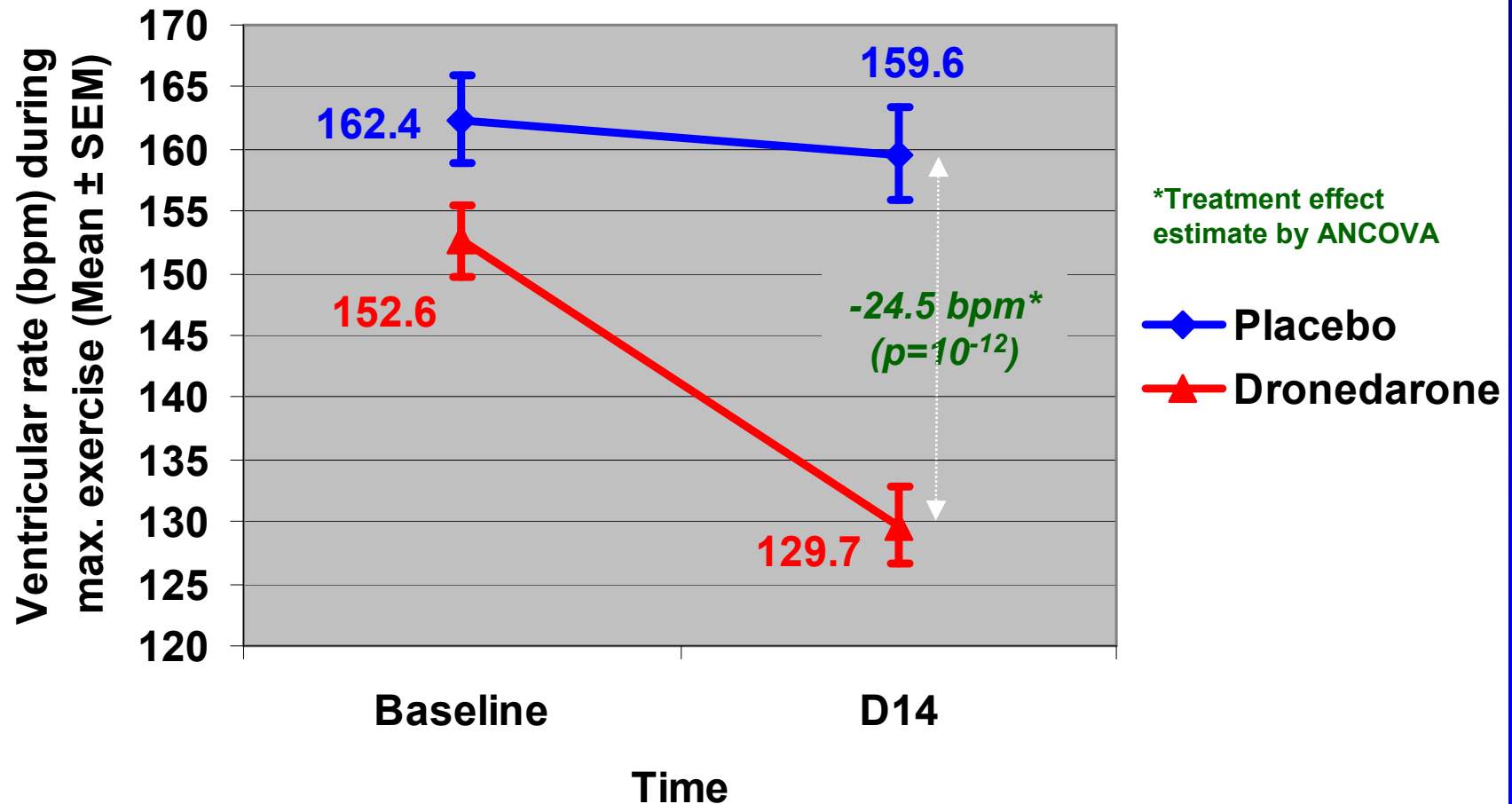


— Placebo
— Dronedaronne 400 mg, bid

Étude ERATO : fréquence ventriculaire en FA permanente – Holter de 24h n = 165 patients



Étude ERATO : fréquence ventriculaire en FA permanente – ECG d'effort



Les nouveaux anti-arythmiques : 3 directions

2 – des anti-arythmiques agissant sur d'autres échanges ioniques

anti-arythmiques agissant sur d'autres échanges ioniques

- Modulateurs des connexines
- Inhibiteurs de l'échangeur Na^+/H^+
- Agoniste de l'adénosine
- Inhibiteur de l'échangeur Na^+/Ca^+
- Antagonistes des récepteurs 5 HT4
- Bloqueurs des canaux activés par l'étirement :
« SAC »

« nouveaux » anti-arythmiques – Camm, 2005

Novel agents	Mechanism of action
RSD1235, AZD7009, AVE1231	Atrial repolarization delaying action
NIP142	Class III (I _{Kur} and I _{K,Ach} blocker)
CP060S	Class IV (Na ⁺ /Ca ²⁺ exchange)
Tecadenoson	Selective adenosine A ₁ -blocker
DTI0009	Selective adenosine A ₁ -blocker
GsMtx4	Stretch receptor antagonist
Abanoquil (UK-52046)	α ₁ A-antagonist
Cariporide	Na ⁺ /H ⁺ exchange inhibitor
E3174	Angiotensin II antagonist
KB-R7943	Na ⁺ /Ca ²⁺ exchange inhibitor
AAP10, ZP123	Connexin modulator
KB130015	Thyroid antagonist
Piboserod	5-HT ₄ receptor inhibitor
ZP123,	AAP10 Connexin modulator

Les nouveaux anti-arythmiques : 3 directions

3 – des traitements anti-arythmiques
par des médicaments « non-anti-arythmiques »

traitements anti-arythmiques par des médicaments « non- anti-arythmiques »

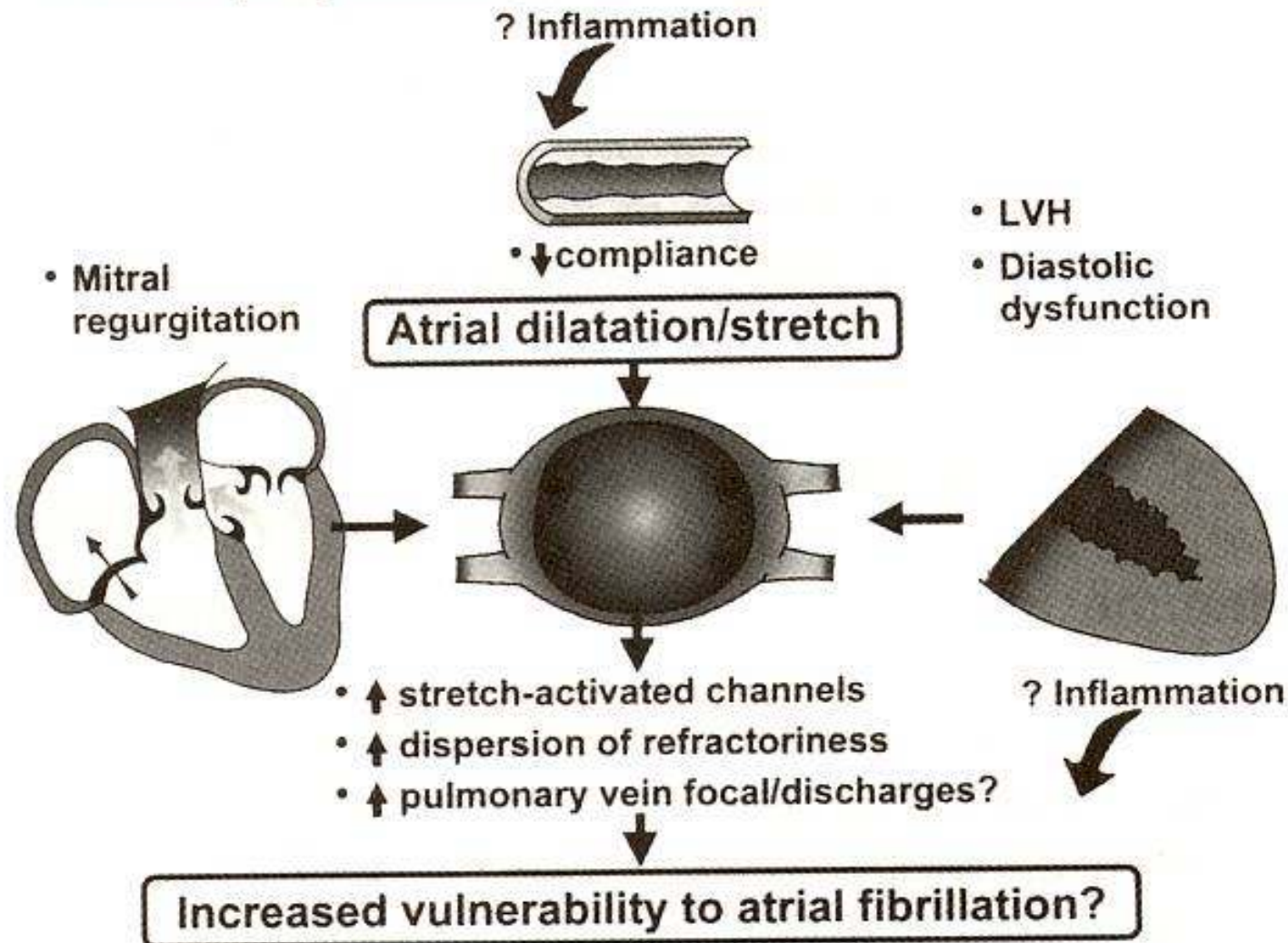
- Sartans et IEC
- Anti-aldostérones
- Statines
- Corticostéroïdes
- Oméga-3

TT AA par des médicaments « non-anti-arythmiques »

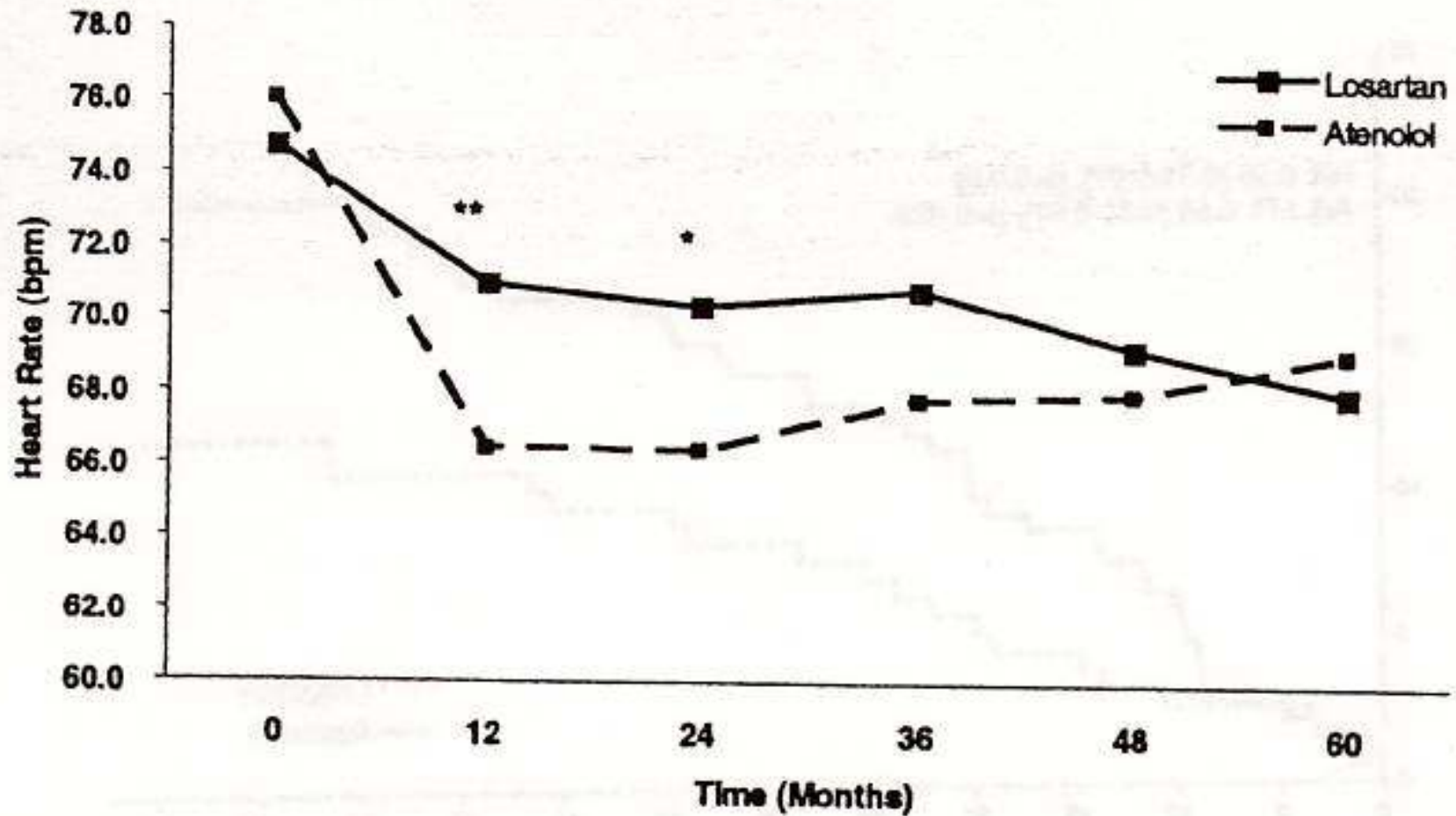
Medicaments	Cibles possibles	Données actuelles
IEC et sartans	Hypertension Insuffisance cardiaque Effets directs : fibrose, AA	Données expérimentales Etudes rétrospectives Etudes prospectives limitées Méta-analyse Une étude en cours : ACTIVE
Anti-aldostérones	Hypertension Insuffisance cardiaque Effets directs : fibrose, AA	Données cliniques : réduction de la mort subite Observations cliniques : CEE et aldostéronémie
Statines	Insuffisance coronaire Maladie athéromateuse Effets directs : anti-inflammatoires, anti-oxydants	Données expérimentales Etudes cliniques rétrospectives Etudes de registres
Corticostéroïdes	Effets anti-inflammatoires	Données expérimentales Etudes prospectives limitées
Oméga-3 et huiles de poisson	Effets hypolipémiantes Effets anti-arythmiques directs	Données expérimentales Données cliniques : TV et FV Etudes discordantes

Gersh, 2005

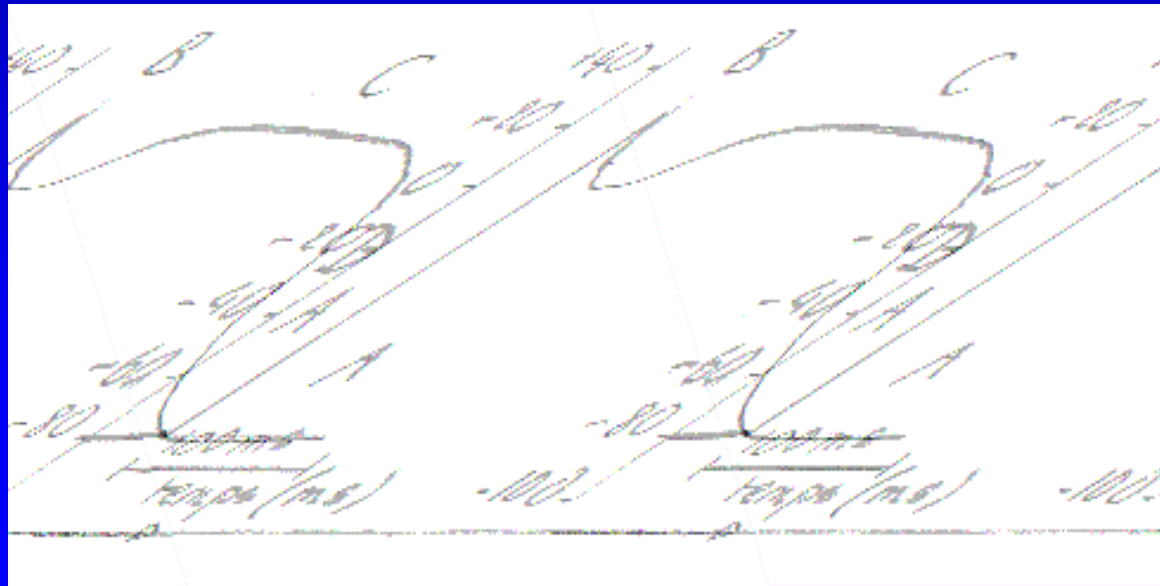
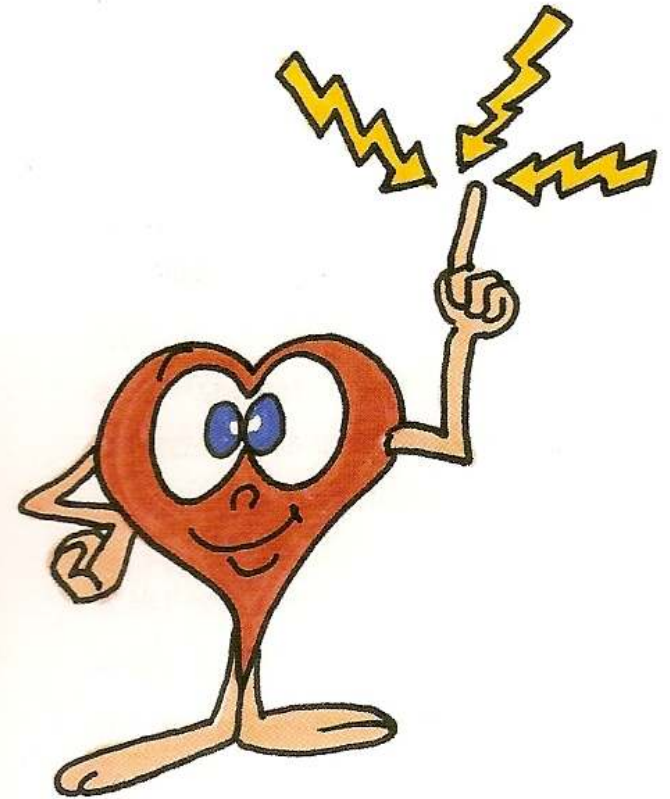
Pathophysiology of Atrial Fibrillation

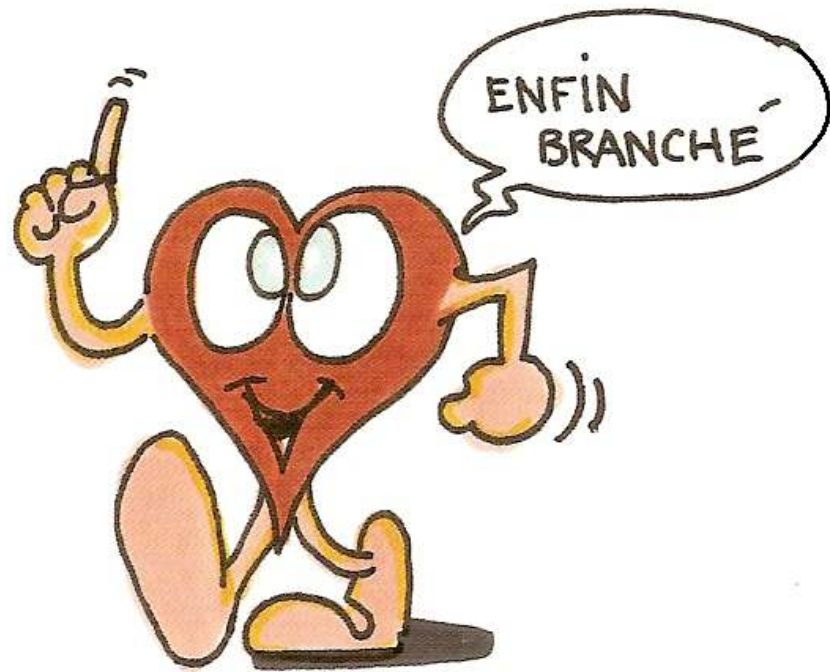


Wachtell, 2005

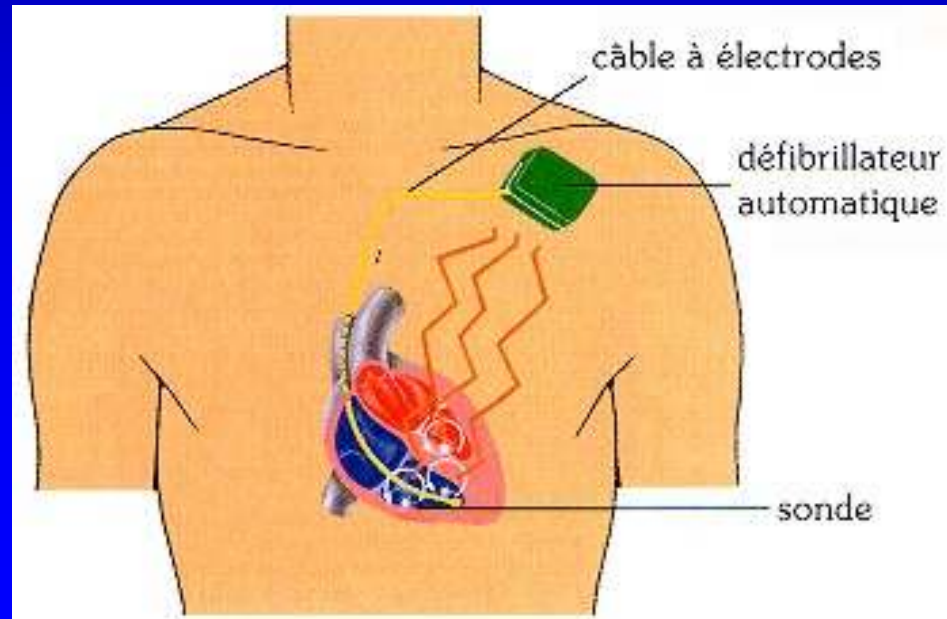


Potentiel d'ac





Défibrillation interne



La thérapie cellulaire : un TT AA du futur ?

